



# 1st Aug 2021 - Trinity 9

## Holsworthy Benefice

Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek

**Administrator: Libbi York - admin@holsworthybenefice.org.uk**

**Rector: Mother Elizabeth Burke**

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### Services in the Holsworthy Benefice - All Welcome

		Bridgerule	Hollacombe	Holsworthy	Pancrasweek	Pyworthy
Trinity 9	1st August			9.30am Said Eucharist		
Trinity 9	1st August	<b>11am Service in Stanhope Park, Holsworthy, bring your own picnic lunch, huge well ventilated marquee if wet!</b>				
The Transfiguration	8th August	11am Eucharist		11am Eucharist		9.30am Eucharist
The Blessed Virgin Mary	15th August			11am Eucharist		
Trinity 12	22nd August	11am Eucharist		11am Morning Prayer	9.30 All Age Eucharist	9.30am Eucharist
Trinity 13						11am Said Eucharist

### Weekly via Zoom - All Welcome

Fridays	12 Noon	Midday Prayers - pop in when you can	Zoom details; <a href="https://us02web.zoom.us/j/82633460276?">https://us02web.zoom.us/j/82633460276?</a> To join by phone: 0131 460 1196 ID 826 3346 0276 Password: benefice
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### Dates for your Diary

31st July	Food and Drinks festival for the end of lockdown. Benefice stalls and crafts to raise money for the administrator's IT. Help needed 11am to 6pm. Just turn up. We are in the marquee on the left of the site as you walk in the entrance. Park in Well park and walk over the foot bridge.	Stanhope Park, Holsworthy
15th August	11am Benefice Eucharist with Installation. Acting Archdeacon Giles presiding and preaching (no other services). Any churchwarden that didn't make the visitation service will be	St Peter and St Paul's, Holsworthy
19th September	3.30pm NEW CREATIVE CHURCH monthly All Age Service. For the whole family, couples, singles, young and old. Bible stories, interactive worship, music, crafts, refreshments and more.	St Peter and St Paul's, Holsworthy

**Text for the Week** - John 6. 35

**Jesus said to them,  
'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'**

**The winners of the Jackpot Draw drawn on 20th July**

1st Prize, £18.25 – ticket number 78, Katie from Underlane

2nd Prize, £3.65 – ticket number 10, Amy from Honey Meadows

RAPID LATERAL FLOW COVID TESTS

There are packs of these available on the table by the font in Holsworthy Church.

Please do help yourself.

**Come and Sing  
some Hymns!**

**THIS SUNDAY, 1st AUGUST**

**11am, Stanhope Park  
Songs of Praise Style Service  
suitable for all ages**

**Bring friends and family along  
The Bishop of Exeter will be with us  
Bring a picnic lunch, licensed bar and plenty of  
room for social distancing**

**Open sided marquees if its raining!!**

**Mother Elizabeth's day of rest will be  
Tuesday 3rd August instead of Monday 2nd**

## COLLECT

Almighty God,  
who sent your Holy Spirit  
to be the life and light of your Church:  
open our hearts to the riches of your  
grace,  
that we may bring forth the fruit of  
the Spirit  
in love and joy and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING Exodus 16:2-4. 9-15

*A reading from the book of Exodus.*

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

## PSALM Psalm 78:23-29

**R** O Lord, how glorious are your works.  
So he commanded the clouds above  
and opened the doors of heaven.  
He rained down upon them manna to eat

and gave them the grain of heaven.  
So mortals ate the bread of angels;  
he sent them food in plenty. **R**

He caused the east wind to blow in the heavens  
and led out the south wind by his might.  
He rained flesh upon them as thick as dust  
and winged fowl like the sand of the sea. **R**

He let it fall in the midst of their camp  
and round about their tents.  
So they ate and were well filled,  
for he gave them what they desired. **R**

## SECOND READING Ephesians 4:1-16

*A reading from the letter of Paul to the Ephesians.*

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

## GOSPEL John 6:24-35

*Hear the gospel of our Lord Jesus Christ according to John.*

When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

## POST COMMUNION

Holy Father,  
who gathered us here around the table of  
your Son  
to share this meal with the whole  
household of God:  
in that new world where you reveal  
the fullness of your peace,  
gather people of every race and  
language to share in the eternal  
banquet of Jesus Christ our Lord.



Sunday 1 August 2021  
John 6:24-35  
18th Sunday in Ordinary Time

## IN THE GOSPEL TODAY

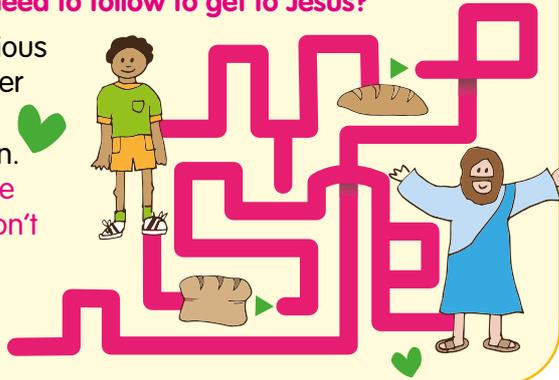
Jesus tells the people that he is the bread of life and if we believe in him we can live forever and be happy with him.

My name is \_\_\_\_\_

## LIVE FOREVER! ♥

Which path does Ben need to follow to get to Jesus?

Two paths lead to delicious loaves of bread. But after Ben has eaten them, he will get hungry again. Jesus says that if we are friends with him, we won't feel hungry for bread anymore and he will fill us up with his love.



## I will follow Jesus when I...

How can you follow in Jesus' footsteps?



Draw a picture of yourself inside the footprint doing something kind and loving.

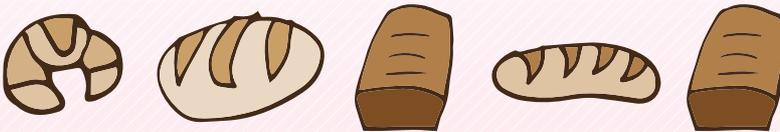
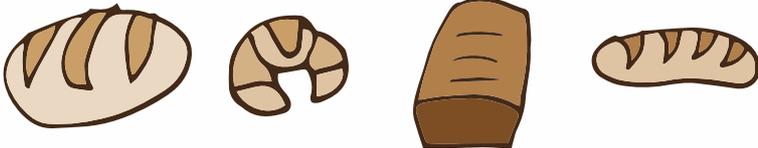
## Who is the bread of life?

E=

J=

S=

U=



## Jesus fills us with good things!

Here are some things which may make you feel joyful. Look up and down, backwards and forwards to find them:

HOPE LOVE  
JOY PEACE  
LIFE

A	D	K	X	L
H	J	O	Y	O
O	V	G	Z	V
P	E	A	C	E
E	F	I	L	M

## A PRAYER TO SAY

Dear Jesus, thank you for feeding me with your love. When things bother me, help me to remember that the one thing that never changes is that you love me and that I can be happy with you forever. Amen.

Answer: The bread of life is Jesus.