

Holsworthy Benefice ~ News Sheet No 3

Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek

12th April 2020 ~ EASTER SUNDAY

Priest in Charge: Mother Elizabeth Burke

Tel: 01409 255490

Email: elizabethmaburke@icloud.com

Mob: 07990 978485

**Alleluia. Christ is risen!
He is risen indeed! Alleluia.**

As I blessed and lit Holsworthy's Paschal Candle out in the garden my heart was lifted. No it's not how I'd like to celebrate Easter, but Christ has risen and not even death can over come the light of the world.

We live in dark and uncertain times. Covid-19 has made us all fearful but Christ is with us as he was when he walked alongside of the two disciples on that first Easter Sunday when they were walking to Emmaus.



On the night before Jesus died He commanded us to 'Love one another as I have loved you'. In this time of anxiety and loneliness let us love one another by our actions. Jesus loved each one of us so much that he died on a cross for us. A torturous death. He did it because he loves us so very much. He didn't have to die on the cross but he choose to die for each one of us. Christ has risen from the dead and walks alongside of us. Not even death could conquer the Lord because nothing can conquer love.

Easter blessings to you all
Mother Elizabeth

PRAYER INTENTIONS FOR EASTER WEEK

Easter Sunday	~ A greater understanding of the Cross ~ The Bishop of Exeter and Chaplain ~ all who live at Church Lane, Gimblets Court & Menors Place, Holsworthy
Monday of Easter Week	~ The departed
Tuesday of Easter Week	~ The doubting
Wed of Easter Week	~ That we may reflect the love of God
Thursday of Easter Week	~ Understanding
Friday of Easter Week	~ The indifferent
Saturday of Easter Week	~ The media





The Bishop of Exeter has drawn on the image of the rainbow as a symbol of hope in his Easter message as Christians across Devon prepare to celebrate Easter weekend at home rather than in church buildings.

[Bishop Robert has recorded an Easter Sunday service that will be broadcast on the Diocese of Exeter website and social media channels at 10am on Easter Sunday.](#) He said: "This is the strangest Easter I have ever experienced. The shops are shut, the Cathedral is closed and so are churches the length and breadth of England and that's unprecedented. "And yet, despite all the anxiety, what I feel this Easter is a deep, profound, hope. I was amazed when I saw on the news pictures that children have drawn in order to decorate the new Nightingale hospitals. The dominant image children have chosen is that of the rainbow. In the Bible the rainbow is, above all else, the symbol of hope. I feel the rainbow, which is created when sunlight refracts through raindrops, actually speaks to where we are at as a nation."

This Easter there are many people who are crying. People are sick, loved ones are sick, some of them dangerously so. People have died. And yet, through those tears, what is coming through is love and care and compassion being refracted into a multitude of goodwill in our communities. I have been so impressed by the avalanche of goodwill, people responding to the national call for volunteers to help our health service at this time."

He said the people delivering medicines to neighbours and doing their shopping or phoning people who are isolated and worried "speak of hope at a time of great national crisis."

He also said on Easter Sunday when Jesus' followers barricaded themselves into a room because they were so frightened was similar to the way some people might be feeling now.

"Like the Disciples, we're in lockdown too. We are frightened to go out in case we might catch something and those fears are not unreasonable. And yet, in spite of our locked hearts, the Easter Christ comes into the inside of our lives, like he did for the Disciples, and says 'Peace be with you.' " *Posted: 9th April, 2020*

Easter Sunday Religious Broadcasting on Radio and TV

Television Programmes

11am on BBC1

Urbi et Orbi will show Pope Francis deliver his Easter Message and Blessing live from Rome.

11.25am on BBC1

On Easter Sunday a special edition of Sunday Worship will air on BBC One, with an Easter service coming from Bangor Cathedral in Wales, led by the Dean of Bangor, the Very Reverend Kathy Jones.

1.15pm on BBC1

Songs of Praise



Radio Programmes

8.10-9am on BBC Radio 4

In a specially-compiled studio service, pre-recorded close to transmission, the Archbishop of Canterbury leads a meditation to celebrate the resurrection of Jesus Christ.



1.30-2pm on BBC Radio 4

The Three Vicars Talking

The Three Vicars are back on Radio 4 on Easter Sunday for a special episode of Three Vicars Talking, with the Revs Richard Coles, Kate Bottley and Giles Fraser talking all things Easter, from Ash Wednesday through to the Resurrection.

5.30-6.45pm on BBC Radio 3

Words and Music

Words and Music presents an Easter Sunday special celebration of music, prose and poetry on BBC Radio 3.

WORSHIP ON EASTER SUNDAY

Today we celebrate Jesus, risen from the dead.
Alleluia! Jesus who was condemned to death,
scourged and mocked and crowned with thorns,
he who was jeered when he died on the cross,
is risen and alive!

[Jesus Christ is risen today, Alleluia!](#)

Our triumphant holy day, Alleluia!
Who did once upon the Cross, Alleluia!
Suffer to redeem our loss. Alleluia!

Hymns of praise then let us sing, Alleluia!
Unto Christ our heavenly King, Alleluia!
Who endured the Cross and grave, Alleluia!
Sinners to redeem and save. Alleluia!

But the pains that he endured, Alleluia!
Our salvation have procured, Alleluia!
Now above the sky he's King, Alleluia!
Where the angels ever sing. Alleluia!

THE COLLECT

Lord of all life and power,
who through the mighty resurrection of your Son
overcame the old order of sin and death
to make all things new in him:
grant that we, being dead to sin
and alive to you in Jesus Christ,
may reign with him in glory;
to whom with you and the Holy Spirit
be praise and honour, glory and might,
now and in all eternity. Amen.

READINGS

Acts 10:34-43

A reading from the Acts of the Apostles.

Peter began to speak to those assembled in the house of Cornelius. "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ - he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

[The Easter Anthems](#)

Colossians 3:1-4

A reading from the letter of Paul to the Colossians.
If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory.

THE GOSPEL

John 20:1-18

Hear the gospel of our Lord Jesus Christ according to Saint John.

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went towards the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes. But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? For whom are you looking?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" which means Teacher. Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.

[Blessed Be The God And Father \(Samuel Wesley\)](#)

INTERCESSIONS FOR EASTER SUNDAY

With joy in our hearts, come, let us pray.

We remember with gratitude the Church all over the world, especially in this country the church celebrating at home. We pray for all Christians rejoicing today in the wonder of the Resurrection.

Life-giving God: give us new life in you.

We pray that we may recognise the risen Lord as we walk through our days, and we ask that he may remove anything which blurs our spiritual vision.

Life-giving God: give us new life in you.

We pray for the courage to speak out against injustice and oppression; we pray that our leaders may establish and uphold right values and sensitive legislation.

Life-giving God: give us new life in you.

We pray that those of our families and friends who have not yet met the risen Lord may be drawn into his company and introduced, so that they can enjoy his faithfulness and love.

Life-giving God: give us new life in you.

We remember those whose lives are filled with pain, anxiety or sorrow, especially at this time of Covid-19 spreading across the world. We ask that the risen Lord may come alongside them and speak their name.

Life-giving God: give us new life in you.

With the words of the Resurrection fresh in our minds, we commend to the Father's eternal love those who have died, that they may live with him for ever.

Life-giving God: give us new life in you.

We join our prayers with those of Mary, in her Easter joy, as we say:

Hail Mary, full of grace, the Lord is with you. Blest are you among women, and blest is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

In and through the power of the risen Lord, we make our private petitions and thanksgivings.....

Father, in grateful thanks, we pray we may be worthy of all your gifts and blessings. Hear our prayer through Jesus Christ, our risen Lord. Amen.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

AN ACT OF SPIRITUAL COMMUNION

Jesus said, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.' John 6.35

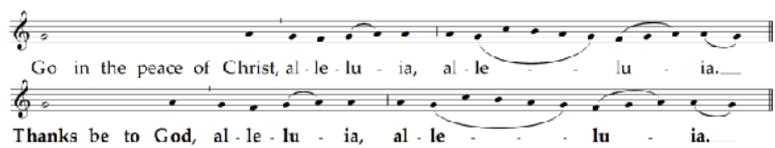
Give thanks for the saving death and resurrection of Jesus and ask him to be with you now.

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

after the Prayer of St Richard of Chichester

POST COMMUNION PRAYER

God of Life, who for our redemption gave your only-begotten Son to the death of the cross, and by his glorious resurrection have delivered us from the power of our enemy: grant us so to die daily to sin, that we may evermore live with him in the joy of his risen life; through Jesus Christ our Lord. Amen.



Thine be the glory, risen, conquering Son,

Endless is the victory thou o'er death hast won,
Angels in bright raiment rolled the stone away,
Kept the folded grave-clothes where thy body lay.

*Thine be the glory, risen, conquering Son,
Endless is the vict'ry thou o'er death hast won.*

Lo, Jesus meets us, risen from the tomb;
Lovingly he greets us, scatters fear and gloom;
Let the Church with gladness hymns of triumph sing,
For her Lord now liveth, death hast lost its sting.

No more we doubt thee, glorious Prince of Life;
Life is nought without thee: aid us in our strife,
Make us more than conquerors through thy
deathless love;
Bring us safe through Jordan to thy home above.

REGINA CAELI

Joy to thee, O Queen of heaven, alleluia!
He whom thou wast meet to bear, alleluia!
As he promised hath arisen, alleluia!
Pour for us to God thy prayer, alleluia!



O God, who by the resurrection of your Son, our Lord Jesus Christ, have brought joy to the whole world; grant that aided by the prayers of his mother the Virgin Mary we may come to the joys of everlasting life. Through the same Christ our Lord. Amen.

Word Search

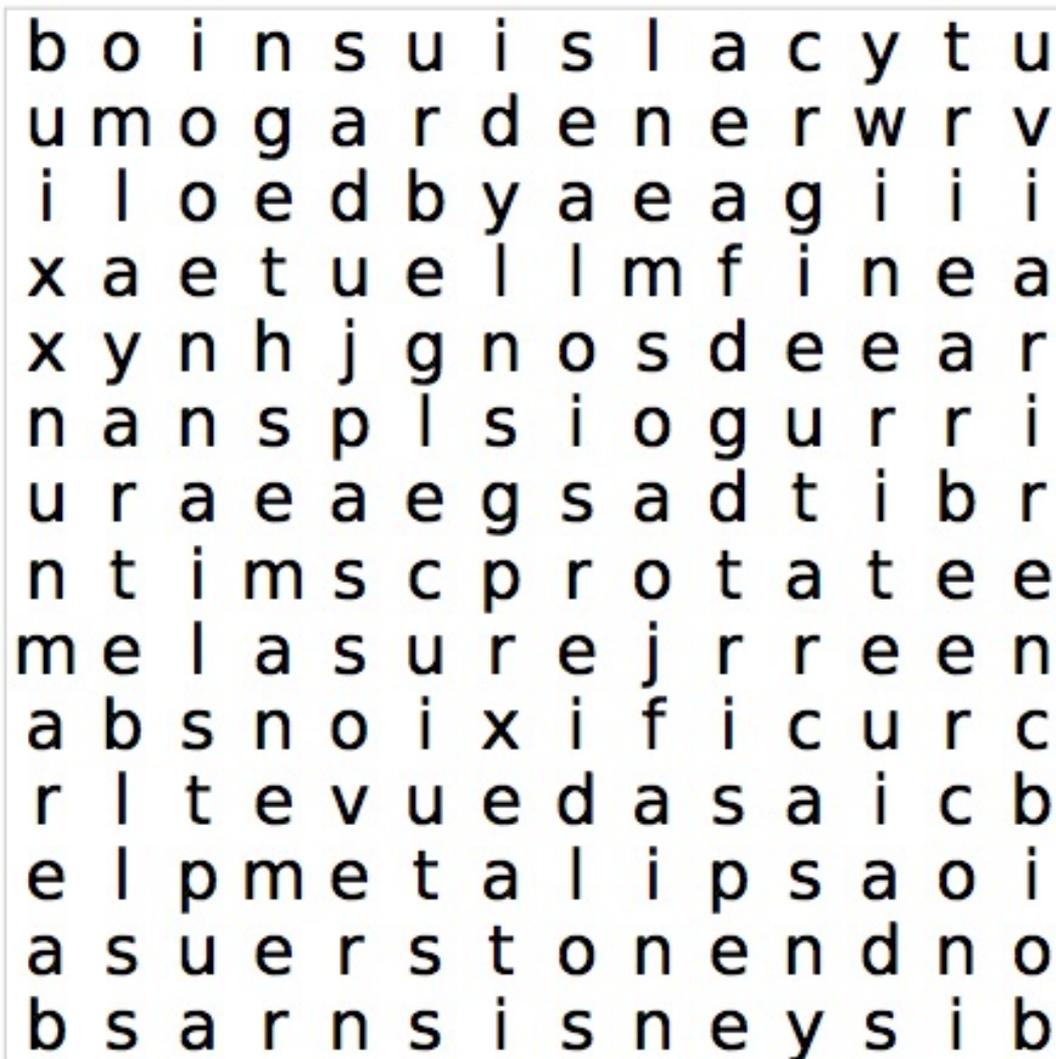
Christ is risen! He is risen indeed! Hallelujah! April brings us to Easter – the crucifixion, death and resurrection of Jesus Christ - the triumphant highlight of the Christian year. As St Paul pointed out, unless Jesus really did rise again, our faith is useless, and we may as well forget any hope of heaven or eternal life.

- Passover
- Bread
- Wine
- Body
- Blood
- Betrayal

- Jerusalem
- Pilate
- Judas
- Gethsemane
- Trial
- Crucifixion

- Soldiers
- Cross
- Nails
- Vinegar
- Temple
- curtain

- tomb
- angel
- stone
- risen
- gardener
- Mary



SPOT THE 13 DIFFERENCES



St James the Least of All

Editor: The Rev Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'...

On how to run your notice board

The Rectory
St James the Least



My dear Nephew Darren

Your decision to place a notice board outside your church seems a good one – and its design in blue plastic with luminous red detachable letters seems entirely in keeping with the aesthetics of your building. Make sure that it is lockable, however, as an innocent notice saying 'all are welcome' may be modified by a devotee of anagrams to say something far less polite by the following day.

We recently replaced ours, which had disappeared shortly before last bonfire night. That the Scouts' bonfire had a board which closely resembled our old one in its centre was, I am sure, a complete coincidence. The Venture Scouts' collective smirk during the following week's Parade Service did give one pause for thought, and the Cubs' collapse into helpless laughter at the chorus 'So light up the fire and let the flames burn' only increased suspicion.

On reflection, you may not have been wise to use your notice board to tell everyone your holiday dates. Certainly, various local burglars were tripping over each other inside the vicarage while you were away. However, the note the last one left you, saying that next time he broke in, he would bring you something, since you had so little left, was quite touching.

Inevitably, now that your church has a notice board, there will be open warfare over who is allowed to display notices on it. Will the Slimmers Club be seen as biblical? Why is the Ladies Guild notice twice as large as all the others? And do remember that while everyone will want space to display their notices, no one will ever remove them once the event is over. Plaintive announcements of Christmas parties in April or of Summer Fetes in November only serve to take people down memory lane.

Here's the best way to manage a notice board: create that panacea for all problems: a sub-committee. These poor people only ever exist in order to get the clergy out of tight corners and to make sure that matters are discussed at such inordinate length that every issue eventually dies a natural death. And if even that fails, you could have a quiet word with our Scouts before next year's bonfire night.

Your loving uncle,

Eustace



God in the Arts

Editor: *The Rev Michael Burgess begins a series on animals and birds as seen in art and scripture... this will run throughout 2020.*

'He gave us eyes to see them': Murillo's 'St John the Baptist with the Lamb'

The nursery rhymes we learnt as children often focused on lambs: Mary had a little lamb, Baa baa black sheep, Little Bo-Peep and Little Boy Blue. They come to mind in springtime when we see lambs in the field jumping for joy or bleating as they run to the ewes for warmth and safety.

Murillo, a 17th century artist from Seville, had that world of childhood in mind when he painted 'St John the Baptist with the Lamb.' He looks back to the little child of Isaiah 11 leading the animals, but also we are called to think of the adult John the Baptist, who sees Jesus walking by and exclaims, "Look, here is the Lamb of God." In the painting, St John is a child with his arms around the lamb. He stands on rocky ground with a reed cross at his feet that has the words 'Behold the Lamb of God' on the ribbon.

The painting hangs in the National Gallery, and it certainly lacks the strength and brilliance of other Spanish artists. But Murillo is telling us how the drama of salvation is played out by children and lambs. He is inviting us to look from that world of childhood to another part of Isaiah's prophecy, where he talks of the Messiah led like a lamb to the slaughter. We enter that drama of salvation in Holy Week this month. On Good Friday Jesus was led to His crucifixion,

just as the lambs were being killed for the Passover.

We think of the world of Old Testament sacrifice, where the high priest on the day of Atonement would enter the Holy of Holies and sacrifice a ram. And we focus on Jesus who is for us both priest and sacrifice, and realise that there is a divine chemistry at work that leads us from Good Friday to Easter Day.



The writer of Hebrews meditates on this theme and proclaims that in Jesus we have a high priest of the good things that have come - eternal redemption. We are invited to appropriate that great gift for ourselves in this Holy Week of our salvation. So, we journey from the childhood days of Murillo's painting to Calvary and the Easter garden. And we can also journey beyond to the heavenly city, where Revelation tells us that all the nations walk by the light of that Lamb - the Lamb of God.

Help is available

Anxiety UK	Charity providing support if you have been diagnosed with an anxiety condition.	Phone: 03444 775 774 (Monday to Friday, 9.30am to 5.30pm)	Website: www.anxietyuk.org.uk
Bipolar UK	A charity helping people living with manic depression or bipolar disorder.		Website: www.bipolaruk.org.uk
CALM	CALM is the Campaign Against Living Miserably, for men aged 15 to 35.	Phone: 0800 58 58 58 (daily, 5pm to midnight)	Website: www.thecalmzone.net
Men's Health Forum	24/7 stress support for men by text, chat and email.		Website: www.menshealthforum.org.uk
Mental Health Foundation	Provides information and support for anyone with mental health problems or learning disabilities.		Website: www.mentalhealth.org.uk
Mind	Promotes the views and needs of people with mental health problems.	Phone: 0300 123 3393 (Monday to Friday, 9am to 6pm)	Website: www.mind.org.uk
No Panic	Voluntary charity offering support for sufferers of panic attacks and obsessive compulsive disorder (OCD). Offers a course to help overcome your phobia or OCD.	Phone: 0844 967 4848 (daily, 10am to 10pm). Calls cost 5p per minute plus your phone provider's Access Charge	Website: www.nopanic.org.uk
OCD Action	Support for people with OCD. Includes information on treatment and online resources.	Phone: 0845 390 5232 (Monday to Friday, 9.30am to 5pm). Calls cost 5p per minute plus your phone provider's Access Charge	Website: www.ocdaction.org.uk
OCD UK	A charity run by people with OCD, for people with OCD. Includes facts, news and treatments.	Phone: 0333 212 7890 (Monday to Friday, 9am to 5pm)	Website: www.ocduk.org
PAPYRUS	Young suicide prevention society.	Phone: HOPELINEUK 0800 068 4141 (Monday to Friday, 10am to 10pm, and 2pm to 10pm on weekends and bank holidays)	Website: www.papyrus-uk.org
Rethink Mental Illness	Support and advice for people living with mental illness.	Phone: 0300 5000 927 (Monday to Friday, 9.30am to 4pm)	Website: www.rethink.org
Samaritans	Confidential support for people experiencing feelings of distress or despair.	Phone: 116 123 (free 24-hour helpline)	Website: www.samaritans.org.uk
SANE	Emotional support, information and guidance for people affected by mental illness, their families and carers.	SANEline: 0300 304 7000 (daily, 4.30pm to 10.30pm)	Website: www.sane.org.uk/support
YoungMinds	Information on child and adolescent mental health. Services for parents and professionals.	Phone: Parents' helpline 0808 802 5544 (Monday to Friday, 9.30am to 4pm)	Website: www.youngminds.org.uk
NSPCC	Children's charity dedicated to ending child abuse and child cruelty.	Phone: 0800 1111 for Childline for children (24-hour helpline), 0808 800 5000 for adults concerned about a child (24-hour helpline)	Website: www.nspcc.org.uk
Refuge	Advice on dealing with domestic violence.	Phone: 0808 2000 247 (24-hour helpline)	Website: www.refuge.org.uk
Alcoholics Anonymous	Addiction (alcohol)	Phone: 0800 917 7650 (24-hour helpline)	Website: www.alcoholics-anonymous.org.uk
National Gambling Helpline	Addiction (gambling)	Phone: 0808 8020 133 (daily, 8am to midnight)	Website: www.begambleaware.org
Narcotics Anonymous	Addiction (drugs)	Phone: 0300 999 1212 (daily, 10am to midnight)	Website: www.ukna.org
Alzheimer's Society	Provides information on dementia, including factsheets and helplines.	Phone: 0300 222 1122 (Monday to Friday, 9am to 5pm and 10am to 4pm on weekends)	Website: www.alzheimers.org.uk
Cruse Bereavement Care	Bereavement	Phone: 0808 808 1677 (Monday to Friday, 9am to 5pm)	Website: www.cruse.org.uk
Rape Crisis	Crime victims	To find your local services phone: 0808 802 9999 (daily, 12pm to 2.30pm and 7pm to 9.30pm)	Website: www.rapecrisis.org.uk
Victim Support	Crime victims	Phone: 0808 168 9111 (24-hour helpline)	Website: www.victimsupport.org
Beat	Eating disorders	Phone: 0808 801 0677 (adults) or 0808 801 0711 (for under-18s)	Website: www.b-eat.co.uk
Mencap	Charity working with people with a learning disability, their families and carers.	Phone: 0808 808 1111 (Monday to Friday, 9am to 5pm)	Website: www.mencap.org.uk
Family Lives	Advice on all aspects of parenting, including dealing with bullying.	Phone: 0808 800 2222 (Monday to Friday, 9am to 9pm and Saturday to Sunday, 10am to 3pm)	Website: www.familylives.org.uk
Relate	The UK's largest provider of relationship support.		Website: www.relate.org.uk

HOLSWORTHY COVID-19 MUTUAL AID

USEFUL CONTACTS FOR HOLSWORTHY

Food

Perkins Butchers, The Square 01409 253649
Country Kitchen Holsworthy 01409 254408
Waitrose

Food deliveries

Happy Pear 07949 409298
Blackberry farm 01409 261440
Dave Barnes (venison) 07583 752062
Dunstaple Dairy Herd 07791 658801
Meet 'n' Eat Holsworthy 01409 259003

Take away

Indian Ocean Hoslworthy 01409 254942

Chemists

Lloyds, The Square Holsworthy
Boots, Holsworthy medical center

Firewood

Grascott Firewood 01409 281393

General/Farm

Harpers Farm Supplies 01409 259600
Mole Valley Farmers Holsworthy 01409 253014

Pet Supplies

Holsworthy Pets 01409 404006

General Builder

Darren Derosa 07947 193850
Paul Crook 07793 074963
Carlo Chandler 07812728619
Stallion Home Developments ltd 01409 240099
Holsworthy Tiling services 01409 478413

Plumbing Heating

G A Plumbing 07792 239756
BRC Heating and Plumbing 01409 9211128

Electrician

John Rank 07710 656587

Fuel Station

Southcott Garage 01409 254277
BP Holsworthy

Mobile car repairs

Malk Withal 07814 617821
Osbourne Mobile repairs 7939558493
Advance Tyres 01409 254446

Computer Repairs Supplies

Holsworthy Computers ltd 01409 478040

Health and Help

Holsworthy Health Centre 01409 253692
Holsworthy Hospital 01409 253424
Town Clerk 01409 253312
Age UK - Lines are open 8am-7pm 0800 678 1602.
Citizen's Advice Bureau (Weekdays 9.30 am – 4.00 pm) 02444 111 444
Samaritans 116 123

EMERGENCY NUMBER FOR SUPPORT

07340 633055