

### The Lord's Prayer

Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin  
against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

*(or)*

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who  
trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.

### The Conclusion

In peace we will lie down and sleep;  
for you alone, Lord, make us dwell in safety.

The Lord bless us and watch over us;  
The Lord make his face to shine upon us and be gracious to us;  
The Lord look kindly upon us and give us peace. Amen.

*Materials in this booklet are drawn from Common Worship: Services and Prayers for the Church of England, Common Worship: Pastoral Services, and Common Worship: Daily Prayer, all of which are copyright © The Archbishops' Council of the Church of England.*

# Worship at Home - Morning Prayer

*You may wish to light a candle.*

The Lord is good, a strong refuge when trouble comes.  
God is close to those who trust in him. *Nahum 1.7*

### Opening Sentences

O Lord, open our lips  
and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

*Pause for reflection as you offer the day to God.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. Amen.

### Bible Reading

*You may wish to say Psalm 23 or another psalm here, such as Psalm 16 or 139.*

### Psalm 23

- 1 The Lord is my shepherd; ◆  
therefore can I lack nothing.
- 2 He makes me lie down in green pastures ◆  
and leads me beside still waters.
- 3 He shall refresh my soul ◆  
and guide me in the paths of righteousness for his name's sake.
- 4 Though I walk through the valley of the shadow of death, I will fear no evil; ◆  
for you are with me; your rod and your staff, they comfort me.
- 5 You spread a table before me  
in the presence of those who trouble me; ◆  
you have anointed my head with oil and my cup shall be full.
- 6 Surely goodness and loving mercy shall follow me all the days of my life, ◆  
and I will dwell in the house of the Lord for ever.

Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning  
is now and shall be for ever. Amen.

*You may wish to use the weekly pattern of short readings given below, or choose a passage of your own.*

*Sunday Morning*

But now thus says the Lord,

he who created you, O Jacob, he who formed you, O Israel:

Do not fear, for I have redeemed you;

I have called you by name, you are mine.

When you pass through the waters, I will be with you;

and through the rivers, they shall not overwhelm you;

when you walk through fire you shall not be burned,

and the flame shall not consume you.

For I am the Lord your God, the Holy One of Israel, your Saviour.

*Isaiah 43.1-3a*

*Monday Morning*

'Do not let your hearts be troubled. Believe in God, believe also in me.

In my Father's house there are many dwelling-places. If it were not so,

would I have told you that I go to prepare a place for you? And if I go

and prepare a place for you, I will come again and will take you to

myself, so that where I am, there you may be also. And you know the

way to the place where I am going.' Thomas said to him, 'Lord, we do

not know where you are going. How can we know the way?' Jesus said

to him, 'I am the way, and the truth, and the life. No one comes to the

Father except through me.

*John 14.1-6*

*Tuesday Morning*

Finally, beloved, whatever is true, whatever is honourable, whatever is

just, whatever is pure, whatever is pleasing, whatever is commendable,

if there is any excellence and if there is anything worthy of praise, think

about these things. Keep on doing the things that you have learned

and received and heard and seen in me, and the God of peace will be

with you.

*Philippians 4.8-9*

*Wednesday Morning*

Let the word of Christ dwell in you richly; teach and admonish one

another in all wisdom; and with gratitude in your hearts sing psalms,

hymns, and spiritual songs to God. And whatever you do, in word or

deed, do everything in the name of the Lord Jesus, giving thanks to

God the Father through him.

*Colossians 3.16,17*

*Wednesday Evening*

Humble yourselves under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you.

*1 Peter 5.6,7*

*Thursday Evening*

Jesus said, 'I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered

the world!'

*John 16.33*

*Friday Evening*

God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake

or asleep we may live with him.

*1 Thessalonians 5.9,10*

*Saturday Evening*

Jesus said, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.'

*John 8.12*

**Prayers**

Merciful God,

we entrust to your unfailing and tender care this night

those who are ill or in pain,

knowing that whenever danger threatens

your everlasting arms are there to hold us safe.

Comfort and heal them,

and restore them to health and strength;

through Jesus Christ our Lord. Amen.

Be present, O merciful God,

and protect us through the silent hours of this night,

so that we who are wearied

by the changes and chances of this fleeting world,

may rest upon your eternal changelessness;

through Jesus Christ our Lord. Amen.

Visit this place, O Lord, we pray,

and drive far from it the snares of the enemy;

may your holy angels dwell with us in peace,

and may your blessing be always upon us;

through Jesus Christ our Lord. Amen.

- 10 There shall no evil happen to you, ♦  
neither shall any plague come near your tent.
- 11 For he shall give his angels charge over you, ♦  
to keep you in all your ways.
- 12 They shall bear you in their hands, ♦  
lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; ♦  
the young lion and the serpent you shall trample underfoot.
- 14 Because they have set their love upon me, therefore will I deliver them; ♦  
I will lift them up, because they know my name.
- 15 They will call upon me and I will answer them; ♦  
I am with them in trouble, I will deliver them and bring them to honour.
- 16 With long life will I satisfy them ♦ and show them my salvation.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning  
is now and shall be for ever. Amen.**

*You may wish to use the weekly pattern of short readings given below,  
or choose a passage of your own.*

*Sunday Evening*

You, O Lord, are in the midst of us, and we are called by your name;  
leave us not, O Lord our God. *Jeremiah 14.9*

*Monday Evening*

Thus said the Lord God, the Holy One of Israel: In returning and rest  
you shall be saved; in quietness and in trust shall be your strength.  
*Isaiah 30.15*

*Tuesday Evening*

Jesus said, 'Come to me, all you that are weary and are carrying heavy  
burdens, and I will give you rest. Take my yoke upon you, and learn  
from me; for I am gentle and humble in heart, and you will find rest for  
your souls. For my yoke is easy, and my burden is light.

*Matthew 11.28-end*

*Thursday Morning*

You are no longer strangers and aliens, but you are citizens with the  
saints and also members of the household of God, built upon the  
foundation of the apostles and prophets, with Christ Jesus himself as  
the cornerstone. In him the whole structure is joined together and  
grows into a holy temple in the Lord; in whom you also are built  
together spiritually into a dwelling-place for God. *Ephesians 2.19-22*

*Friday Morning*

Let love be genuine; hate what is evil, hold fast to what is good; love  
one another with mutual affection; outdo one another in showing  
honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in  
hope, be patient in suffering, persevere in prayer. *Romans 19.9-12*

*Saturday Morning*

He said to his disciples, 'Therefore I tell you, do not worry about your  
life, what you will eat, or about your body, what you will wear. For life is  
more than food, and the body more than clothing. Consider the ravens:  
they neither sow nor reap, they have neither storehouse nor barn, and  
yet God feeds them. Of how much more value are you than the birds!  
And can any of you by worrying add a single hour to your span of life?  
If then you are not able to do so small a thing as that, why do you  
worry about the rest? Consider the lilies, how they grow: they neither  
toil nor spin; yet I tell you, even Solomon in all his glory was not clothed  
like one of these. But if God so clothes the grass of the field, which is  
alive today and tomorrow is thrown into the oven, how much more will  
he clothe you—you of little faith! And do not keep striving for what you  
are to eat and what you are to drink, and do not keep worrying. For it is  
the nations of the world that strive after all these things, and your  
Father knows that you need them. Instead, strive for his kingdom, and  
these things will be given to you as well. *Luke 12.22-31*

# Worship at Home - Night Prayer

*You may wish to light a candle  
and have some reflective music playing in the background.*

The eternal God is your refuge,  
and underneath are the everlasting arms. *Deuteronomy 33:27*

## Opening Sentences

The Lord almighty grant us a quiet night and a perfect end. Amen.

Our help is in the name of the Lord

who made heaven and earth.

*Pause and reflect on the day that is past.*

Save us, O Lord, while waking, and guard us while sleeping,  
that awake we may watch with Christ and asleep may rest in peace.

## Bible Reading

### Psalm 91

*You may wish to say here the psalm given below, or Psalm 27*

1 Whoever dwells in the shelter of the Most High

and abides under the shadow of the Almighty,

2 Shall say to the Lord, 'My refuge and my stronghold,

my God, in whom I put my trust;

3 For he shall deliver you from the snare of the fowler

and from the deadly pestilence.

4 He shall cover you with his wings and you shall be safe under his feathers;

5 You shall not be afraid of any terror by night,

nor of the arrow that flies by day;

6 Of the pestilence that stalks in darkness,

nor of the sickness that destroys at noonday.

7 Though a thousand fall at your side

and ten thousand at your right hand, ♦ yet it shall not come near you.

8 Your eyes have only to behold ♦ to see the reward of the wicked.

9 Because you have made the Lord your refuge

and the Most High your stronghold,

## Prayers

Almighty and everlasting God,  
we thank you that you have brought us safely to the beginning of this day.  
Keep us from falling into sin or running into danger;  
order us in all our doings and guide us to do always  
what is righteous in your sight;  
through Jesus Christ our Lord. Amen.

Keep us, good Lord,

under the shadow of your mercy

in this time of uncertainty and distress.

Sustain and support the anxious and fearful,

and lift up all who are brought low;

that we may rejoice in your comfort

knowing that nothing can separate us

from your love in Christ Jesus our Lord. Amen.

## The Lord's Prayer

(or)

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who

trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever. Amen.

## The Conclusion

The Lord bless us, and preserve us from all evil,

and keep us in eternal life.

Amen.

Let us bless the Lord.

Thanks be to God.