

# 26th Feb 2023 - First Sunday of Lent

## Holsworthy Benefice

Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek

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### Services in Holsworthy Benefice - All Welcome

	Bridgerule	Hollacombe	Holsworthy	Pancrasweek	Pyworthy
26th Feb	11am Joint Sung Eucharist		9.30am Morning Prayer	9.30am - All Age Service	9.30am Sung Eucharist
5th March	11am Morning Prayer	3pm Evensong	9.30am Sung Eucharist		9.30am Morning Prayer
12th March	11am Sung Eucharist		11am Morning Prayer		9.30am Sung Eucharist
19th March	11am Joint Service at the Methodist Chapel	9.30am BCP Holy Communion	9.30am Sung Eucharist		9.30am Morning Prayer
26th March	11am Joint Sung Eucharist		9.30am Morning Prayer	9.30am - All Age Service	9.30am Morning Prayer
2nd April	11am Morning Prayer	3pm BCP Evensong	9.30am Sung Eucharist, with Holy Baptism		9.30am Morning Prayer

Many thanks to all the wonderful people who supported last week's coffee morning in Holsworthy. We made a fantastic £277.55.



**2.30pm**

Please come and support this service at the church of **St Peter & St Paul Holsworthy** Everyone welcome



**The winners of the St Peter's Monthly Jackpot Draw drawn on 20<sup>th</sup> February were:**

1<sup>st</sup> Prize, £18.75 – ticket number 40, Judi from Uplands Terrace  
2<sup>nd</sup> Prize, £3.75 – ticket number 141, Tara from Bodmin Street

**A Vigil for Ukraine**



will be held at the church of **St Peter & St Paul, Holsworthy** Friday 24th February 2023 from 6.30 to 7.30pm

All are invited to join in this act of solidarity with the people of Ukraine and in support of the aid work of local charity

Refreshments after and an opportunity to meet Don Harkness of 'Lads for Ukraine'

Revision to the Electoral Roll of St Peter's and St Paul Church is taking place prior to the AGM being held on 29th March 2023, if anyone wishes to be added to the Roll there are forms available at the back of the church.

**Text of the week -Matthew 4:1-11**  
Worship the Lord your God, and serve only him.



**COLLECT**

Almighty God,  
whose Son Jesus Christ fasted forty days  
in the wilderness,  
and was tempted as we are, yet without  
sin:  
give us grace to discipline ourselves in  
obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**FIRST READING Genesis 2:15-17; 3:1-7**  
*A reading from the book of Genesis.*

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

**PSALM Psalm 32**

**R** Be glad, you righteous, and rejoice in the Lord.

Happy the one whose transgression is forgiven,  
and whose sin is covered.  
Happy the one to whom the Lord imputes no guilt,  
and in whose spirit there is no guile. **R**

For I held my tongue;  
my bones wasted away  
through my groaning all the day long.  
Your hand was heavy upon me day and night;  
my moisture was dried up like the drought in summer.  
Then I acknowledged my sin to you  
and my iniquity I did not hide. **R**

I said, "I will confess my transgressions to the Lord,"  
and you forgave the guilt of my sin.  
Therefore let all the faithful make their prayers to you in time of trouble; in the great water flood, it shall not reach them.  
You are a place for me to hide in;  
you preserve me from trouble;  
you surround me with songs of deliverance. **R**

"I will instruct you and teach you in the way that you should go;  
I will guide you with my eye.  
Be not like horse and mule which have no understanding;  
whose mouths must be held with bit and bridle, or else they will not stay near you." **R**

Great tribulations remain for the wicked,  
but mercy embraces those who trust in the Lord.  
Be glad, you righteous, and rejoice in the Lord;  
shout for joy, all who are true of heart. **R**

**SECOND READING Romans 5:12-19**  
*A reading from the letter of Paul to the Romans.*

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation but the free gift following many trespasses brings justification. If, because of the one

man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so the act of righteousness of one leads to justification and life for all. For just as by the one person's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

**GOSPEL Matthew 4:1-11**

*Hear the gospel of our Lord Jesus Christ according to Matthew.*

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

**POST COMMUNION**

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him who is the true and living bread,  
and enable us to live by every word that proceeds from out of your mouth;  
through Jesus Christ our Lord.

[Organ]

Be glad you right - teous, and re - joice in the Lord.

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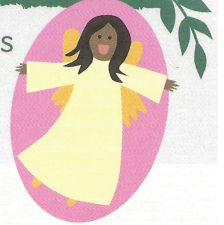
**redemptorist**  
publications



# In the GOSPEL TODAY

## MAKE GOOD CHOICES!

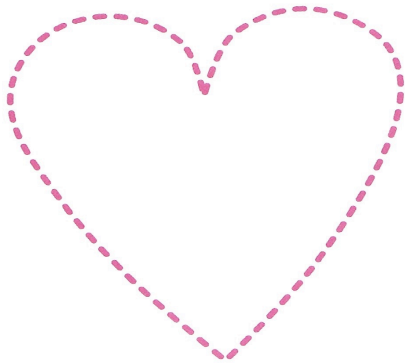
Jesus goes into the wilderness. He is tempted three times to do bad things. Jesus knows he must put God first. He makes the right choices and says "no" to temptation.



## Loving God

Jesus loves God the Father very much. Jesus shows us how to love God too.

Draw yourself doing something which shows you love God inside this heart.



In Lent there are three ways we try to love God more. We try to love God when we...

\_\_\_\_\_ (y a r p)  
 \_\_\_\_\_ (s a t f)  
 give \_\_\_\_\_  
 (n y e o m)

No thanks

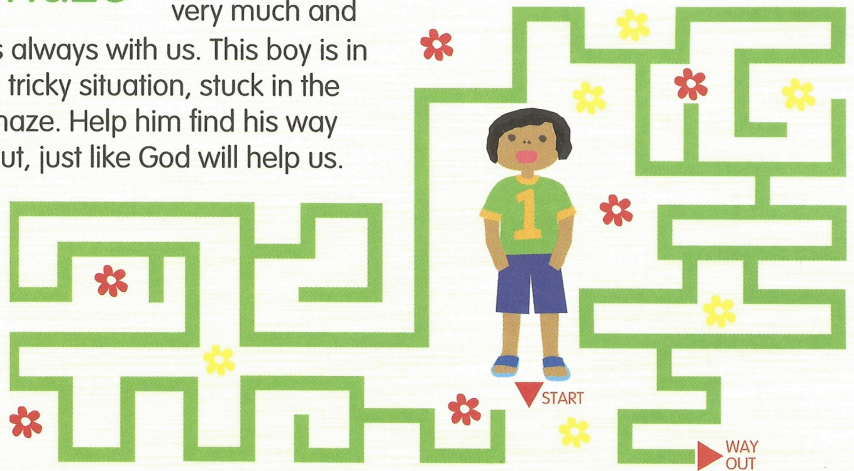
## A PRAYER TO SAY

Jesus, it is not always easy to make the right choices, Help me to be like you. Help me to say no to the things that aren't good for me. Amen.



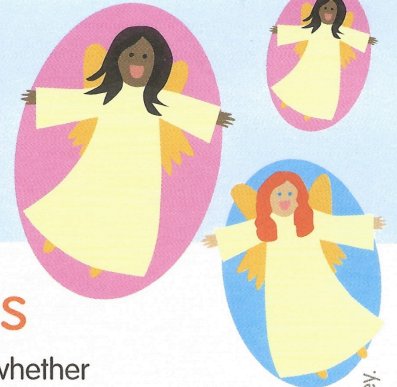
## Maze

God loves us all very much and is always with us. This boy is in a tricky situation, stuck in the maze. Help him find his way out, just like God will help us.



## How many angels?

God the Father sent the angels to help Jesus. How many angels can you find on this page?



## Say no to bad things

Put a tick or a cross in the boxes to say whether you would listen to these children or not.

Hit your friend hard

Shares your sweets

Steal some money

Hug and kiss your mummy or daddy

Answers: Six angels. In Lent we: Pray, fast, give money.