

COLLECT

Let your merciful ears, O Lord,
be open to the prayers of your humble
servants;
and that they may obtain their petitions
make them to ask such things as shall
please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING

Exodus 16:2-4, 9-15

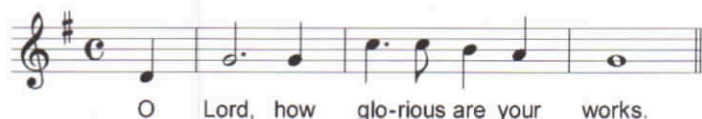
A reading from the book of Exodus.
The whole congregation of the Israelites
complained against Moses and Aaron in
the wilderness. The Israelites said to them,
"If only we had died by the hand of the
LORD in the land of Egypt, when we sat
by the fleshpots and ate our fill of bread;
for you have brought us out into this
wilderness to kill this whole assembly
with hunger." Then the LORD said to
Moses, "I am going to rain bread from
heaven for you, and each day the people
shall go out and gather enough for that
day. In that way I will test them, whether
they will follow my instruction or not." Then
Moses said to Aaron, "Say to the whole
congregation of the Israelites, 'Draw near
to the LORD, for he has heard your
complaining.'" And as Aaron spoke to the
whole congregation of the Israelites, they
looked toward the wilderness, and the
glory of the LORD appeared in the cloud.
The LORD spoke to Moses and said, "I
have heard the complaining of the
Israelites; say to them, 'At twilight you
shall eat meat, and in the morning you
shall have your fill of bread; then you
shall know that I am the LORD your God.'"
In the evening quails came up and
covered the camp; and in the morning
there was a layer of dew around the camp.
When the layer of dew lifted, there on the
surface of the wilderness was a fine flaky
substance, as fine as frost on the ground.
When the Israelites saw it, they said to one
another, "What is it?" For they did not
know what it was. Moses said to them,
"It is the bread that the LORD has given
you to eat."



PSALM Psalm 78:23-29

R O Lord, how glorious are your works.

So he commanded the clouds above
and opened the doors of heaven.
He rained down upon them manna to eat
and gave them the grain of heaven.
So mortals ate the bread of angels;
he sent them food in plenty. *R*



He caused the east wind to blow in the
heavens
and led out the south wind by his might.
He rained flesh upon them as thick as
dust
and winged fowl like the sand of the sea. *R*

He let it fall in the midst of their camp
and round about their tents.
So they ate and were well filled,
for he gave them what they desired. *R*

SECOND READING

Ephesians 4:1-16

*A reading from the letter of Paul to the
Ephesians.*

I, the prisoner in the Lord, beg you to
lead a life worthy of the calling to which
you have been called, with all humility
and gentleness, with patience, bearing
with one another in love, making every
effort to maintain the unity of the Spirit
in the bond of peace. There is one body
and one Spirit, just as you were called
to the one hope of your calling, one
Lord, one faith, one baptism, one God
and Father of all, who is above all and
through all and in all. But each of us was
given grace according to the measure of
Christ's gift. Therefore it is said, "When
he ascended on high he made captivity itself
a captive; he gave gifts to his people."
(When it says, "He ascended," what does
it mean but that he had also descended
into the lower parts of the earth? He who
descended is the same one who ascended
far above all the heavens, so that he might
fill all things.) The gifts he gave were that
some would be apostles, some prophets,
some evangelists, some pastors and
teachers, to equip the saints for the work
of ministry, for building up the body of
Christ, until all of us come to the unity
of the faith and of the knowledge of the
Son of God, to maturity, to the measure
of the full stature of Christ. We must no
longer be children, tossed to and fro and
blown about by every wind of doctrine,
by people's trickery, by their craftiness
in deceitful scheming. But speaking the
truth in love, we must grow up in every
way into him who is the head, into Christ,
from whom the whole body, joined and
knit together by every ligament with which
it is equipped, as each part is working
properly, promotes the body's growth in
building itself up in love.

GOSPEL John 6:24-35

*Hear the gospel of our Lord Jesus Christ
according to John.*

When the crowd saw that neither Jesus
nor his disciples were at the place
where Jesus had given the bread, they
themselves got into the boats and went
to Capernaum looking for Jesus. When
they found him on the other side of the
lake, they said to him, "Rabbi, when did
you come here?" Jesus answered them,
"Very truly, I tell you, you are looking
for me, not because you saw signs, but
because you ate your fill of the loaves.
Do not work for the food that perishes,
but for the food that endures for eternal
life, which the Son of Man will give
you. For it is on him that God the Father
has set his seal." Then they said to him,
"What must we do to perform the works
of God?" Jesus answered them, "This is
the work of God, that you believe in him
whom he has sent." So they said to him,
"What sign are you going to give us
then, so that we may see it and believe
you? What work are you performing?
Our ancestors ate the manna in the
wilderness; as it is written, 'He gave
them bread from heaven to eat.'" Then
Jesus said to them, "Very truly, I tell
you, it was not Moses who gave you
the bread from heaven, but it is my
Father who gives you the true bread
from heaven. For the bread of God is
that which comes down from heaven
and gives life to the world." They said
to him, "Sir, give us this bread always."
Jesus said to them, "I am the bread of
life. Whoever comes to me will never
be hungry, and whoever believes in me
will never be thirsty."

POST COMMUNION

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust
in you:

look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

Holsworthy Benefice

Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek

5th August - Tenth Sunday after Trinity

Priest in Charge: Mother Elizabeth Burke

Tel: 01409 255490

Email: elizabethmaburke@icloud.com

Mob: 07990 978485



warm welcome to church today! If you have not been here before, please make yourself known to one of the team - you are very welcome.



EVERY FRIDAY 10.30am Communion & 11am Community No Cost Café at St Peter & Paul

		Bridgerule	Hollacombe	Holsworthy	Pancrasweek	Pyworthy
Trinity 10	5 th August	11:15am Family Holy Communion	3pm Benefice Lammas Sung BCP Evensong	9:30am Sung Eucharist		11:15am Family Worship
	10 th August	10.30am Benefice FRIDAY COMMUNION & 11am NO COST CAFÉ, Holsworthy				
Trinity 11 The Blessed Virgin Mary	12 th August	11.15am Morning Prayer	9.30am Sung BCP Holy Communion	9.30am Holy Communion		11.15am Family Holy Communion with Baptism
	17 th August	10.30am Benefice FRIDAY COMMUNION & 11am NO COST CAFÉ, Holsworthy				
Trinity 12	19 th August	11.15am Holy Communion	9.30am Sung BCP Holy Communion	9.30am Holy Communion		11.15am Morning Prayer
	24 th August	10.30am Benefice FRIDAY COMMUNION & 11am NO COST CAFÉ, Holsworthy				
Trinity 13	26 th August	11.15am Morning Prayer		9:30am Morning Prayer	9:30am Eucharist with Hymns	11:15am Sung Eucharist
	31 st August	No Service or Cafe				
Trinity 14	2 nd Sept	11.15am Sung Eucharist		9.30am Sung Eucharist		11.15am All Age Service
	7 th Sept	No Service or Cafe				

Friends of Holsworthy Parish Church. We hope to launch this Autumn. Please do let Mother Elizabeth know if you are interested in coming on the sub-committee.

Lift to church – are you able to give someone who lives in Holsworthy a lift to St Peter and St Paul's church. Please speak with either Sarah Battams or Mthr Elizabeth.

Vocations day for all Saturday 8th September at the Boniface Centre, Crediton. A day for anyone who feels a sense of calling to ministry, with information about discernment and training and opportunity for reflection <http://exeter.anglican.org/events/exploring-vocation-to-ministry>

Developing Lay Ministry in Holsworthy Mission Community. Over the past 9 months, a number of people from our four benefices have been meeting to think about the future shape of ministry across our Mission Community. One area of focus has been lay ministry – how do we take the best of what's already going on and develop it for our future as a Mission Community? If you would like to hear some of our thinking and contribute to the discussion, please join us on **Tuesday 25 September, 6:30pm for 7pm at Ashwater Parish Hall, EX21 5EZ**

Coming up...

Wed 22nd Aug 1.30pm

Pastoral Team Meeting – The Rectory

Please pray for the recently departed: Dennis Isaac, Robert Blayney