

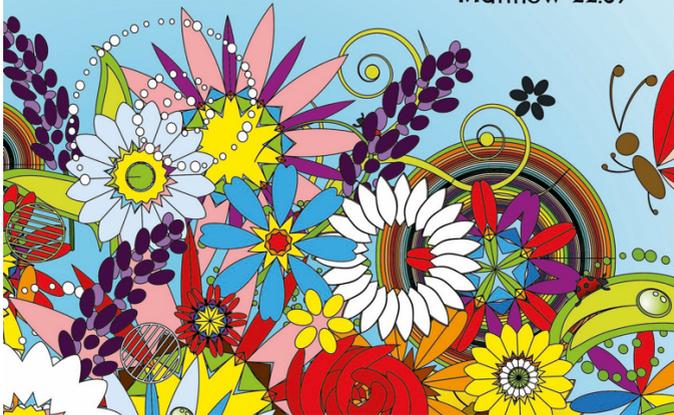
# **The Holsworthy Benefice Magazine July 2018**

**For the Parishes of the United Benefice of  
Holsworthy, Bridgerule, Hollacombe,  
Pyworthy with Pancrasweek**

# SUMMER

a time to reach  
your neighbours

Matthew 22:39



[www.holsworthybenefice.org.uk](http://www.holsworthybenefice.org.uk)

Find us on Facebook



## **Church Contacts**

### **Priest-in-Charge: Mother Elizabeth Burke**

The Rectory, Bodmin Street, Holsworthy, EX22 6BH  
01409 255490 or 07990 978485

**Reader: Mrs Mary Aicheler** 01409 259271

### **St. Peter & St. Paul, Holsworthy:**

#### **Church Wardens:**

**Mrs Helen Young** 01409 259345

**Mr Robert Beckford** 01409 254804

**Bell Captain: Mr Ralph Chapman** 01409 253040

### **St. Bridget, Bridgerule:**

#### **Churchwardens:**

**Mr T. Bowden** 01288 381247

**Mr P. Harris** 01288 381329

### **St. Petroc, Hollacombe:**

#### **Churchwardens:**

**Mr John Granger** 01409 254811

**Mrs Teresa Davy** 01409 281235

### **St. Swithun, Pyworthy:**

#### **Churchwardens:**

**Liffy Lowes** 01409 254423

### **St. Pancras, Pancrasweek:**

#### **Churchwardens:**

**Robert Wright** 01409 253300

**Roger Vanstone** 01409 240165

### **Parish Magazine Editorial Team Leader**

**Mary Beckford** 01409 254804

### **Webmaster**

**Bob Beckford** 01409 254804

*Holsworthy & Pyworthy Churches are usually open every day.  
Come in and sit for a while and spend time with God.*

# Contents

<b>Church Contacts</b>	<b>2</b>
<b>Contents</b>	<b>3</b>
<b>From The Rectory</b>	<b>4</b>
<b>News From The Churches In Our Benefice</b>	<b>5</b>
<b>Summer Trains From Okehampton</b>	<b>8</b>
<b>General News from the Parish Pump</b>	<b>9</b>
<b>Liturgical Acts: How and Why?</b>	<b>12</b>
<b>Service Chart for July 2018</b>	<b>14</b>
<b>Introducing Ruth Jones</b>	<b>16</b>
<b>Diary of a Momentous Year:</b>	
<b>July 1918 - WHEN FRIENDS COME TO HELP</b>	<b>17</b>
<b>St. James-the-Least-of All</b>	<b>18</b>
<b>Some High Days and Holy Days in July</b>	<b>19</b>
<b>All in the Month of July</b>	<b>21</b>
<b>God in the Arts</b>	<b>23</b>
<b>The July Puzzle Pages</b>	<b>24 &amp; 25</b>
<b>Some Useful Numbers</b>	<b>27</b>

If you have anything you would like to be considered for publication in our magazine please give it to the editor by the 20th of the preceding month. It can be sent by email or hand written. Our printer in Bude can usually reproduce photographs to a reasonable standard. If you want any hard copy or pictures returned please ensure your name and address is on the back.

*This magazine is produced for the churches of St. Peter and St. Paul Holsworthy; St. Bridget's, Bridgerule; St. Petroc, Hollacombe; St. Swithun, Pyworthy; St. Pancras, Pancrasweek; and is the only publication promoting the views and vision of the benefice.*

*The contents of this magazine do not necessarily reflect the views of the individual PCC's but are those of individual contributors.*

## **Mission Community Prayer**

Lord of the Church, hear our prayer for the Holsworthy Mission Community: Set our hearts on fire with love for you. Claim our worship and wealth, our abilities and our time, that we be worthy stewards of all that you have given. Save us from complacency and fear of new ways; inspire us with vision; make us a power-house of prayer, a community of loving service, and faithful witnesses to your kingdom as we grow daily in and through Jesus Christ, our Lord. Amen

## From the rectory

On 29th June we celebrated the feast of St Peter and St Paul and I'm very much looking forward to my first St Peter's Fair. The church is always open during the day. During Fair week all the local groups and organisations are putting on a display about themselves, there will be refreshments, a chocolate fountain, stalls and free crafts for all ages. This will be on Wednesday afternoon, and Thursday, Friday, Saturday 11am - 6.30pm. Entry is free.

Petertide is one of two traditional times for ordinations (the other being Michaelmas on 29th September). As the church is given many new deacons and priests it's a good time to think about the twelve Apostles and other disciples. In July we celebrate the feast of St Thomas and St James both apostles. We also celebrate the festival of St Mary Magdalene not an Apostle but a very devoted disciple.

What a mixed bag all these disciples were! Some were fishermen, probably uneducated, like Peter, Andrew, James and John. Matthew was a tax collector, a very much despised corrupt profession, he was a learned man. The professions of the others we don't know. We do know that some were very devote Jews others less so. Simon, the Zealot, the man who once would have killed in loyalty to Israel, became the man who saw that God is a God of love. Judas was a Judean whilst the rest of the disciples were Galileans.

We get glimpses of their personalities like doubting pessimistic Thomas and Jude or Thaddeus who had to learn the way of love, and Philip on meeting Christ, immediately believed and straight away wanted others to know about Jesus. He went and found Nathanael, or Bartholomew, and told him that "we have found him about whom Moses ... and also the prophets wrote." Nathanael was very sceptical at first. But Philip did not argue with him; he simply answered, "Come and see."

What about Peter? the Apostle that the Fair is called after. Peter is the leader of the pack. His name means rock. It is he who asks Jesus to explain parables. It is he who asked how often he must forgive. It is he who inquired about the reward for all of those who follow Jesus. It is he who first confessed Jesus and declared Him as the Son of the Living God. If any of the Apostles were with Jesus, Peter was always one of them. He was at the Transfiguration and was with Jesus when he went off to pray. He saw Jairus' daughter raised to life. It is Peter who ran to the empty tomb on Mary Magdalene having found the stone rolled back. Yet, it is Peter who denied Christ three times. Peter had many faults, but he had always the saving grace of a loving heart.

What kind of a disciple are you? I identify with many of the disciples in the Gospels.

Which ones do you identify with?

I hope you all have a wonderful Saint Peter's Fair week.

Yours in Christ.

*Mother Elizabeth*

---

## News from the Churches in our Benefice

### St. Peter and St. Paul, Holsworthy

#### Coffee Morning Held on June 20<sup>th</sup>

Thank you to everyone who helped in any way with the coffee morning held on June 20<sup>th</sup> in the Memorial Hall. Special mention to Kath Durling who is the main person to thank for pulling it together, the result was that it made a good profit of £493.70. Thanks also go to everyone who came and supported the event. As soon as we have the date for the next one we will let you know.



#### St Peter's Fair 2018 \_ Community Exhibition in the church



It will not be long until the St Peter's Fair for 2018 will be in full flow. Make sure you bring your friends along to our "The Community" exhibition. We will have refreshments on sale plus a sale of plants, produce, cakes and savouries, books and wine. If you are able to donate any items they will be most welcome. We can receive them from you after church on the Sunday or on the Tuesday before the exhibition when we will be setting up. Events like this one and the coffee morning are essential income raisers and we need them to be successful so that we can fulfil our parish share request.

#### Fair Services

There are two special services taking place in Fair week that will give you an opportunity to come and worship in a group.

- Sunday 8th July at 6:00pm Saint Peter's Fair Civic Service.
- Sunday 15th July at 11:30am Open Air Service in The Square, Holsworthy. (If wet – in the church of St Peter and St Paul)

This event is being organised by Holsworthy Christians Together group. Live music from local musicians with a mixture of traditional hymns and some newer songs as well as some interesting readings and prayers. Coffee and donuts will also be available and craft activities for the children. Over 100 attended last year so let's hope we get even more this year. If you cannot attend for the whole service just come for a while and see what we are doing.

### **CCTV in Holsworthy Church**

Regular worshippers will be fully aware that during the past two years we have had incidences where four different individuals have caused us problems with their anti-social behaviour within the church building or in the church grounds. Although the problems have now been resolved we have learnt from experience that without evidence it is very difficult to get help for these people who may be unwell and unaware that they are being a nuisance. We now have a couple of Closed Circuit Television Cameras (CCTV) the church. They have been installed at no cost to the church by the Town Council. In return we have allowed them to place an aerial on the top of the church tower, it is well hidden by one of the pinnacles. We have been provided with a key and can therefore turn off the cameras in church during services. The Diocese were keen for us to trial this for a period of twelve months. Hopefully the very fact that we have cameras installed will act as a deterrent to any future potential anti-social behaviour.

This fits nicely with our policy of keeping the church open during the day, something our insurers are also keen for us to do.

### **Foodbank and Drop In**

This takes place on Wednesday afternoons at the Memorial Hall. A few more volunteers are required to help run this. If you think you may be able to help please speak to Roger Young.

### **St. Petroc, Hollacombe**

*by Margaret Stacey*

The afternoon of Saturday June 16th saw the clouds lift and the sky brighten for the Baptism WILLIAM EDWARD BEVAN, first Grandchild of proud grandparents, Tim and Julie Isaac. The bonny little man was the sixth generation to be baptised in the family christening gown on his maternal grandmother's side and the fourth generation to be baptised in the font at Hollacombe on his maternal grandfather's side. The church was suitably arranged with all the congregation able to view the font.

Proud parents Tom and Gemma have given us permission to publish the photograph. Incidentally, Gemma was Pretty Maid in 2007.





## JULY SERVICES

Sunday 1<sup>st</sup> July 3pm Sung Evensong

Sunday 15<sup>th</sup> July 9.30am Holy Communion with Rev Stuart Wilson

## St. Swithun, Pyworthy

The Pyworthy Festival takes place on July 15<sup>th</sup>/16<sup>th</sup>, everyone is welcome to go along and see the various exhibitions.



---

### ***The Breath of Fresh Air Lung Support Group***

We meet on the third Wednesday of the month at 2pm, usually at Chilsworthy Village Hall. We have a varied and interesting programme of speakers and enjoy tea and biscuits for a voluntary donation of £1.

**Wed July 18th 2pm** at Chilsworthy Village Hall – An update of Life Saving Skills including C.P.R. and Defibrillator Use. With Andy Squirrell, First Responder.

**Wed August 15<sup>th</sup> – Cream Tea at Homeleigh Garden Centre 2.30 pm.** A Joint Meeting with Launceston Breathe Easy Group.

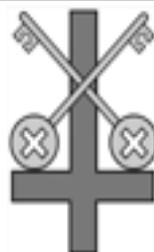
For further details please contact Wendy Millar on 01409 254085.



## ***SAINT PETER'S FAIR at the church***

### **"The Community"**

Displays and information about  
local clubs & organisations



All local clubs and organisations (not for profit or charities)  
are invited to come and put up a display about themselves in the  
church for the St Peter's Fair.

For more information please get in touch with any of the following;

Bob Beckford - 254804  
Mary Osborne - 253115  
Helen Young - 259345  
Mother Elizabeth - 255490

Wed 11th July - 12.30am to 6.30pm  
Thur 12th July - 11am to 6.30pm  
Fri 13th July - 10.30am St Peter's Eucharist, 11am to 6.30pm  
Sat 14th July - 11am to 6.30pm

## **Summer trains between Okehampton and Exeter**

GWR, in association with Devon County Council and OkeRAIL (Okehampton to Exeter Railway) are running the Summer Sunday service again this year. It started on 20 May and continues until 9 September 2018.

This is a fantastic affordable opportunity to take a journey on part of what was the main line between London Waterloo and Plymouth. It is a smooth ride with loads of beautiful scenery.

Catch the early train from Okehampton and you will be able to take connections at Exeter that will take you as far as Teignmouth, Paignton, Totnes or Exmouth.

I was fortunate to take a trip on the first day it was running this year and travelled on the 12:12 service from Okehampton to Exeter Central. Fifty minutes later I

was at Exeter Central, which is more or less in the centre of Exeter. I returned on the 16:32 service from Exeter Central to Okehampton, which gave me ample time to get my lunch and do some bits and pieces of essential shopping. It was 50 years ago that I last travelled over this line, never did I expect to be doing this again. The normal return ticket price is £5.40 but if you are in a group of between 3 and 9 you can benefit from the group discount of 1/3 off. So my return ticket only cost me £3.55.

If you fancy doing the trip yourself it is worth knowing a few practical things before you go. At the time of writing the parking at Okehampton Station is free and there is a very good café on the platform. Tickets can be purchased on the train and you can pay by card. Note that the last train back from Okehampton terminates at Exeter St Davids.

It is looking ever more likely that a daily service will return in a couple of years' time and by using the Sunday service you will help to reinforce the argument that there is a need for the return of a regular train service.

Exeter to Okehampton timetable

St. James Park	dep	0901	1100	1427	1629
Exeter Central	dep	0904	1103	1430	1632
Exeter St. Davids	dep	0908	1108	1435	1637
Newton St. Cyres	dep	-	-	1443x	-
Crediton	dep	0918	1119	1449	1647
Sampford Courtney	arr	0942	1143	1513	1711
Okehampton	arr	0952	1151	1520	1719

Okehampton to Exeter Timetable

Okehampton	dep	0955	1212	1523	1759
Sampford Courtney	dep	1002	1219	1530	1807
Crediton	arr	1025	1242	1554	1830
Newton St. Cyres	arr	-	1246x	-	-
Exeter St. Davids	arr	1035	1258	1608	1841
Exeter Central	arr	1039	1302	1613	-
St. James Park	arr	1041	1304	1616	-

X = Stops on request. Please tell the Conductor if you wish to leave and signal to the driver if you wish to board.

Please check that the train is running before going to Okehampton.

Phone GWR on 0345 7000 125 or go to their website at [www.gwr.com](http://www.gwr.com)

## General News from the Parish Pump

### 70 years of the National Health Service

The National Health Service began operating 70 years ago, on 5th July 1948, when Sylvia Beckingham, 13, was admitted to hospital in Manchester to be treated for a liver condition.

It was the climax of a hugely ambitious plan by Labour Health Secretary Aneurin Bevan to bring good health care free to all at the point of delivery. The health service would be available to everyone and financed entirely from taxation, which meant that people paid into it according to their means.

It was based on a report by William Beveridge in 1942. The problem with it remains the huge increase in costs resulting from, among other things, advances in

medical science, drugs and machinery. As Andy McSmith wrote in The Independent ten years ago: “It seems no amount of money will satisfy the infinite demand for better NHS care.”

Within a few years prescription charges were introduced, as well as a charge for dental treatment. The current prescription charge is £8.80 per item, and dental charges are huge.

Saving the NHS seems to be a national preoccupation in the 21st century. The Christian Medical Fellowship is campaigning to emphasise the vital and radical need for Christians within it.

### **Stop! Hedgehog!**

Hedgehog ‘warning signs’ are going up on our roads, at animal casualty black spots. The aim is to stop the drastic decline of their population - around 100,000 of them are killed on our roads every year, and it is feared that this level of mortality is unsustainable. The People’s Trust for Endangered Species reports that hedgehog populations fell by a third between 2004 and 2017. Sadly, hedgehogs do not flee danger, but instead curl up into a tight ball – not much defence against a speeding car.

### **Read this before you take your dog to Europe**

British pets are at risk of catching deadly diseases from foreign ticks when they are taken to the Continent. This is the warning from vets, who are reporting increasing numbers of foreign ticks who are being brought home from holidays to Spain, Cyprus, Romania and Bulgaria.

Last year 287,000 dogs travelled abroad, and one Big Tick study found that 76 per cent of them returned to the UK carrying foreign ticks with them. Encephalitis, which infects the brain and can cause death, is carried by the *Rhipicephalus sanguineus* – the brown dog tick or kennel tick.

### **Prenez garde! Voila le French mosquito!**

If you are going to France this summer, be sure to use repellent sprays. Aggressive tiger mosquitoes that can carry viruses such as Zika, dengue and chikungunya have already spread through half of France.

Tiger mosquitoes (originally from Asia) can be identified by their distinctive black-and-white striped body and legs. They are now prevalent through the south and centre of France, and even in some Parisian suburbs. The public health authority reports that 42 of France’s 96 departements are affected and has warned people to be especially careful from May until November. They are urging residents to remove anything outdoors that could collect rainwater (where the bugs lay their eggs), and for holidaymakers to use anti-mosquito sprays and wear long-sleeved clothing and trousers.

## **No more spoonfuls of sugar to help the medicine go down**

The NHS may bring in a complete ban on sugary drinks in hospitals, after more than a third of its trusts have failed to sign up to a voluntary scheme to cut sales. It seems that so far 80 out of 232 trusts have not yet joined the voluntary programme to reduce the amount of sugary drinks on offer in hospitals. This is despite evidence of the dangers of sugar consumption. As Simon Stevens, the NHS's chief executive in England, explains: 'We now know that obesity causes 13 different types of cancer as well as heart attacks and strokes, so the NHS has needed to get its own house in order.'

## **Waterloo! What's in a Name?**

To some people it's a very famous song by Abba. To some London commuters it's a part of their daily routine. To historians it's a famous battle 203 years ago when the British army defeated the French at a place in Belgium. In case you are still wondering, it's Waterloo, of course. And the busy commuter station on the southern banks of the Thames in London is 170 years old this month.

When it became the original terminus of the Eurostar trains, there were some complaints in France. Why should their first stop in England be a reminder of a major French defeat? It seems a strange name for a railway station, we might agree. But, in fact, its origin was purely geographical. The area of London where it stands was first developed early in the 19th century, greatly enhanced by a splendid new bridge across the Thames, in process of building at the time of the battle in Belgium and proudly named after it – 'Waterloo Bridge'. The district then became known as 'Waterloo' and so when in 1848 an important station was built there it was named not after the battle but to confirm its location. Eventually it became the terminal of the Southern Railway, and probably London's busiest commuter destination.

I imagine French grievances at the name were assuaged when the London terminal of Eurostar moved to St Pancras. As to Abba, perhaps they just liked the sound of it.

How many of our readers can say they caught a train from Holsworthy to London Waterloo?

## **What problems do ministers have to deal with these days?**

Ever wonder what sort of pastoral problems people may be bringing to our minister?

Struggles with loneliness and mental illness are pretty sure to come near the top, according to a new survey.

The two issues have been found to be by far the commonest community issues facing parish priests in the C of E, according to a new survey by the Mission and Public Affairs Council and the Church Urban Fund.

More than three quarters of clergy (76 per cent) reported that loneliness was a 'significant' problem in their community in 2017; eight per cent higher than in 2011. And concern for people's mental well-being increased from 40 per cent in 2011 to 60 per cent.

Homelessness is also taking its toll – it was seen as a significant problem by 14 per cent of clergy in 2011; in 2017 this had increased to 23 per cent.

Of course, the concerns are generally greater in more deprived parishes, where low income, poor education, unemployment, and family breakdown are also widespread.

Almost all incumbents reported that their churches were actively involved in helping people who were struggling with loneliness (94 per cent), family breakdown (86 per cent), and mental-health issues (83 per cent), in partnership with charities and other support groups.

Meanwhile, one in five benefices (19 per cent) run foodbanks, and more than 90 per cent of local churches now support foodbanks in some way.

## **Liturgical Acts: How and Why? Answers on a post card from your Parish Priest**

### *Incense in the Eucharist*

The purpose of incensing and the symbolic value of the smoke is that of purification and sanctification. The smoke symbolises and is an image of the prayers of the faithful drifting up to heaven: the Psalmist prays,

*"Let my prayer come like incense before you; the lifting up of my hands, like the evening sacrifice" (Psalm 141 v2).*

Incense also creates the ambiance of heaven: The Book of Revelation (8:4) describes heavenly worship as follows:

*"Another angel with a golden censer came and stood at the altar; he was given a great quantity of incense to offer with the prayers of all the saints on the golden altar that is before the throne. And the smoke of the incense, with the prayers of the saints, rose before God from the hand of the angel."*

Our use of incense also joins our worship with the worship in heaven.

Incense may be used during the entrance procession; at the beginning of the Eucharist, to incense the altar; at the procession and proclamation of the Gospel; at the offertory, to incense the offerings, altar, priest and people; and at the elevation of the Sacred Host and Precious Blood after the consecration. The priest

may also incense the Crucifix and the Paschal Candle. During funeral Requiems, the priest at the final commendation may incense the coffin, both as a sign of honour to the body of the deceased which became the temple of the Holy Spirit at Baptism and as a sign of the faithful's prayers for the deceased rising to God.

The usage of incense adds a sense of solemnity and mystery to the service and its use is at the priest's discretion. The visual imagery of the smoke and the smell remind us of the transcendence of the Eucharist which links heaven with earth, helping us to enter into the presence of God.

*The incense we use*

The most popular incense across the world comes from Prinknash Abbey, Gloucestershire. Made by the Benedictine Monks. They have been blending incense since 1906, when the community was on Caldey Island and are now the oldest major incense blenders in Europe.

Inspired by Exodus 30:34-35

*“ The Lord said to Moses: Take sweet spices, stacte, and onycha, and galbanum, sweet spices with pure frankincense (an equal part of each), and make an incense blended as by the perfumer, seasoned with salt, pure and holy.”*

the monks developed unique processes for blending the purest Arabian frankincense gum with precious aromatic oils and spices and created recipes for a range of incenses. The blends now produced at the abbey are made to long established recipes.

*Scripture quotations are from The New Revised Version of the Bible copyright:*

*© 1989 by the Division of Christian Education of the National Council of Churches in the USA. Used by permission. All Rights Reserved*

*Resources used*

*Father William Saunders, Why is incense used in Mass?*

*(www.ewtn.com/library/answers/incense.htm, 2018) Fr Saunders is president of Notre Dame University, USA*

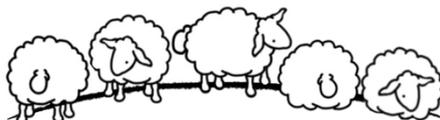
*<http://www.prinknashabbey.org/incense/>*

Yours in Christ,

*Mother Elizabeth*

This chart was correct at the time we went to press. Please check on the back of your weekly service sheet for any last-minute changes or take a look at the website. [www.holsworthybenefice.org.uk](http://www.holsworthybenefice.org.uk)

Benefice Services for July 2018					
	Bridgerule	Hollacombe	Holsworthy	Pancrasweek	Pyworthy
Trinity 5 Sunday 1 <sup>st</sup> July	11.15am Sung Eucharist	3pm Sung Evensong	9.30am Sung Eucharist		11.15am Family Service
Friday 6 <sup>th</sup> July	10.30am FRIDAY COMMUNION & 11am Community <b>NO COST CAFÉ</b> , Holsworthy				
Trinity 6 Sunday 8 <sup>th</sup> July	11.15am Moming Prayer		9.30am Sung Eucharist 6.00pm St Peter's Fair Civic Service		11.15am Sung Eucharist
Friday 13 <sup>th</sup> July	10.30am FRIDAY COMMUNION & 11am Community <b>NO COST CAFÉ</b> , Holsworthy				
Trinity 7 Sunday 15 <sup>th</sup> July	11.15am Sung Eucharist	9.30am Sung Eucharist	9.30am Said Eucharist 11.30am St Peter's Fair service in the Square		11.15am Moming Prayer Patronal Festival
Friday 20 <sup>th</sup> July	10.30am FRIDAY COMMUNION & 11am Community <b>NO COST CAFÉ</b> , Holsworthy				
Mary Magdalene Sunday 22 <sup>nd</sup> July	11.15am Family Service		9.30am Moming Prayer  6pm Meditative Eucharist	9.30am Eucharist with hymns	11.15am Sung Eucharist
Friday 27 <sup>th</sup> July	10.30am FRIDAY COMMUNION & 11am Community <b>NO COST CAFÉ</b> , Holsworthy				
Trinity 9 Sunday 29 <sup>th</sup> July	9.30am Benefice Eucharist at Pancrasweek, <b>Archdeacon preaching</b> , Refreshments afterwards				
<p>Not been to church before? or not in a while? Come and give it a go - everyone welcome. Come as you are.</p>					



# **ALF BLACKMAN**

## **Builder**

**also Carpentry,  
Plumbing, Decorating &  
General Repairs**

**Tel: 01409 253158**

**Mob: 07774 672695**

# **ARTHUR W. BRYANT FUNERAL SERVICE**

**BUDE  
01288 352282**

**CAMELFORD HOLSWORTHY  
01840 214891 01409 253000**

**INDEPENDENT FAMILY  
FUNERAL SERVICE**

**MEMORIAL  
MASONRY**

**OUR FAMILY CARING FOR YOUR  
FAMILY FOR OVER 50 YEARS**

**PRE PAYMENT FUNERAL  
PLANS**

**AWBRYANT.CO.UK  
CARING@AWBRYANT.CO.UK**



Kristina Garner Services

## **Gardener & Carer**

- Specialising in border & shrub maintenance
- 20 years' experience
- Experience of Alzheimer's and Parkinson's
- Small household jobs also considered
- Competitive hourly rate

Please call or email to discuss your requirements

**07724 243126**

**kristina.garner@hotmail.com**

## **Clare Hunter Therapy**

Do you suffer with

*Back Pain                      Painful Joints  
Mobility Issues              Stress  
Stiff Neck/ Shoulder      Poor Sleep  
Stress                              Headaches*

Or would you simply like to feel  
**WELL?**

*I provide highly effective, gentle  
Bowen Therapy to help your body  
feel better and reduce pain.*

**Call me today on 07977511217  
or 01409 220100**

*Book 3 treatments & the 4th is free*

[www.clarehuntertherapy.co.uk](http://www.clarehuntertherapy.co.uk)

## Introducing Ruth Jones



### ***Ruth Jones with Rev'd Jane Lucas***

science technician, putting together the equipment and chemicals for all of the science lessons at a school in north Bristol. More recently, I have spent the past four years taking part in youth work training with SWYM (South West Youth Ministries) including studying for a degree in Applied Theology with Missional Youth Work with a practical placement in Torquay. After spending the best part of 10 months applying for different Christian Youth Work roles and trying to work out how God wanted to use me, I was put in contact with Rev. Jane Lucas and applied for this job in late November. At the end of February I started my new job as Holsworthy Ecumenical Youth Worker, and have now been here for nearly 3 months (at time of writing), settling in and getting stuck in.

One of the things that I really love about this job and the project, is the willingness to donate half of my time to Holsworthy Community College. The purpose of my time at the college is to build relationships with the young people as the college forms a hub for most of the young people in and around Holsworthy. I spend most of my time in lessons, acting as a TA supporting small groups of pupils. I am also working across the subjects so am seeing pupils in different settings which also helps with the relationship building. I also have the privilege to be a Christian voice in the year 10 GCSE Religious Education lessons, both by teaching from the front and having discussions with the pupils about the Christian view point(s) of the topic we are looking at. Another part of my role involves taking the occasional assembly and despite the short notice, I was able to take an Easter Assembly for each of the 4 houses at the school. Through this, I was able to share about the significance of Easter and the hope that it gives Christians.

When not in school, I am looking at how I can get involved in the community and how I can provide support to the churches in the Benefice and Methodist circuit. It has been a pleasure and a joy to spend my Sunday mornings visiting different churches in the area, introducing myself informally and joining in with the worship. A large part of my first three months has been fact finding: visiting different

activities and projects in the area, such as the army cadets, Scouts and CareWise young carers group as well as meeting with the local policing team and the town council. You may have also seen me taking part in the Good Friday Walk of Witness and St. George's Day Parade. I have become settled at the weekly Holsworthy Youth Club and enjoy my time there getting to know the young people that attend. It also has helped me to improve my pool playing skills and I'm now a dab hand at "Dobble" a picture matching game!

My first three months have been busy as I've settled in and I am so excited for the future of this work. There are a lot of potential avenues to explore and projects to begin, all with God's leading and I look forward to writing the next update for you. Please do keep the trustees of Holsworthy Community Christian Youth Chaplaincy, my line managers and myself in your prayers as together we seek to serve God and build His Kingdom here in Holsworthy.

## **Diary of a Momentous Year: July 1918 - WHEN FRIENDS COME TO HELP**

It is called 'World War I' and certainly no previous conflict had spread its ugly fingers so widely. Of course, we tend to think of the Western Front. Our default image of the War is of men in trenches, of mud and blood and soldiers with drawn bayonets going 'over the top'. In fact, the War was being fought on many Fronts: the Eastern Front (Germany/Russia, about to end with the new Russian regime); the Ottoman Front, in the Middle East; the Italian Front (Italy and France against the 'Central Powers'). Then there was the Ocean Front (U-boats against Allied shipping), the only one where the Germans were winning.



THE GREAT WAR  
1914 - 1918

Not surprisingly, in view of all that, the War became one of resources, human, military and economic; and by 1918 the Allies had a great advantage. Hard-pressed armies were being continuously refreshed by the arrival of well-trained and committed troops from many quarters, notably Canada, Australia and New Zealand, and decisively the United States. These soldiers, and many from other countries in the British Empire, were now being equipped with newly designed, modern equipment. At last the Allies outnumbered the Germans in tanks and aircraft – and the new planes were faster, better equipped and armed.

All of this was, of course, evident to the German High Command, and persuaded them to launch in July 1918 what one historian, Gary Sheffield, has described as perhaps the defining battle of the War, the second Battle of the Marne. It was a desperate attempt to inflict a heavy defeat on the Allies – not in the vain hope of

winning the War, but of getting a better bargaining position in the peace negotiations that everyone expected. Launched on July 15th, it succeeded in driving the Allies back across the Marne. But they had been prepared for it, and three days later launched a massive counter-attack. Two French divisions captured 15,000 men and 500 tanks in a single morning, and then went on to drive the Germans back across the Marne. From now on the Allies knew they could win the War, and the Germans finally accepted that they could not.

## July 2018 - Letter from St. James the Least of All

*Happily, the Church of England still retains some singular parish clergy. Take the parish of St. James-the-Least in the county of C..... for example. Here the elderly Anglo-Catholic vicar, Eustace, continues his correspondence to Darren, his nephew, a low-church curate recently ordained...*



### On the perils of the Ladies' Guild annual outing...

The Rectory  
St. James the Least

My dear Nephew Darren

And so once again we start the annual round of parish treats. While the bell-ringers prefer public houses, and the choirboys want fast food outlets, the Ladies' Guild are centred on lavatories. The itinerary is unchangeable: Coach drive to coffee stop and lavatory. Coach drive to luncheon stop and lavatory. Coach drive to some arbitrary attraction – provided it has a tea shop and lavatory. Coach trip home with a lavatory (stop en route).

A sub-committee will have been hard at work for the previous six months deciding where to visit. The most disastrous course of action is to present the group with a choice; if two options are provided, they will attract almost equal numbers in favour, thus ensuring that half of the group will rejoice in saying throughout the day that the other option would have been preferable. When it comes to decision-making, Stalin had a lot going for him.

My predecessor in this parish left me a terrible legacy; he always accompanied the Guild on their day out, thus obliging me to do the same. I do, however, travel equipped with armaments. "The Times" crossword rules out any possibility of conversation for at least the first two hours. Three years ago, Mrs Phillips had the audacity to look over my shoulder and give me 12 across; she will not make that mistake again. A brief nap after these intellectual exertions, assuring those around me that I am meditating on the theme for next Sunday's sermon, ensures a morning almost free from having to comment on the weather, other members of the party, or why I so rarely drop in on the Pram Service.

The ideal destination is one where I have a clerical colleague, so while the ladies wander about, shop and analyse why I still wear the same suit I arrived in 30 years ago, we have an agreeable afternoon assassinating the characters of bishops and archdeacons and bemoaning the standards of a new generation of curates. After our different therapies, we all re-assemble at the coach for the return journey.

Naturally, there is the traditional wait for those who have forgotten where the coach park is. As far as I am concerned, a deficit of less than 10% should be entirely acceptable. I can think of several husbands who may be rather thankful that their wives may not be back as soon as they had feared.

Our ladies return, invigorated with the thought of all the bits of information about other members in the party that can be discreetly shared over the telephone, while I am exhausted from 12 hours of attempting to be polite. Meanwhile the sub-committee gets a date in the diary for planning next year's lavatorial sequence.

Your loving uncle,

*Eustace*



## **Some High Days and Holy Days in June**

### **3rd July      St Thomas the Apostle – confused and doubting**

Thomas, one of Jesus' 12 apostles, was an impulsive, confused, honest sceptic. Jesus could understand and work with such a man. Thomas' impulsiveness was evident when Jesus prepared to visit Lazarus in Bethany. It was a dangerous trip to make, because of the Jews, but Thomas urged his fellow disciples: "Let us also go, that we may die with Him." (John 11:16) Instead, Jesus brought Lazarus back to life.

Thomas' confusion is shown in later talks with Jesus. He was not really sure where Jesus was going long-term (John 14:5). But Jesus accepted this confused commitment, and began to untangle it, patiently explaining: "I am going to my Father", and "No one comes unto the Father but by me."

Finally, Thomas' honest scepticism is revealed after the Resurrection, which he flatly refused to believe - unless he could touch the wounds of the risen Jesus. Sure enough, Jesus appears - but instead of scolding him, shows him the wounds. Thomas responds: "My Lord and my God" (John 20:26ff).

Thus Doubting Thomas' honest doubts, turned to honest faith, have become a reassurance for thousands of men and women across the centuries, who also want to follow Jesus, but who require some proof of this amazing event - the Resurrection. In Doubting Thomas' complete affirmation of faith, after meeting the risen, crucified Christ, they can find support for their own faith.

Ancient legends tell how Thomas went on to India as a missionary. There are rumours that Thomas even built a palace for a king's daughter in India, and thus he is the patron saint of architects. It is believed that he was martyred by a spear on 3rd July, 72 AD in Mylapore, near Madras. 46 ancient churches in England were dedicated to him.

### **15th July      St Swithun (or Swithin) - saint for a rainy day**

St. Swithun is apparently the saint you can blame for rainy summers. It is said that if it rains on his special day, 15th July, it will then rain for 40 days after that. It all began when Swithun was made Bishop of Winchester in 852 by King Ethelwulf of Wessex. It was an important posting: Winchester was the capital of Wessex, and during the 10 years Swithun was there, Wessex became the most important kingdom of England.

During his life, instead of washing out people's summer holidays, and damping down their spirits, Swithun seems to have done a lot of good. He was famous for his charitable gifts and for his energy in getting churches built. When he was dying in 862, he asked that he be buried in the cemetery of the Old Minster, just outside the west door.

If he had been left there in peace, who knows how many rainy summers the English may have been spared over the last 1000 years. But, no, it was decided to move

Swithun. By now, the 960s, Winchester had become the first monastic cathedral chapter in England, and the newly installed monks wanted Swithun in the cathedral with them. So finally, on 15 July 971, his bones were dug up and Swithun was translated into the cathedral.

That same day many people claimed to have had miraculous cures. Certainly everyone got wet, for the heavens opened. The unusually heavy rain that day, and on the days following, was attributed to the power of St Swithun. Swithun was moved again in 1093, into the new Winchester cathedral. His shrine was a popular place of pilgrimage throughout the middle ages. The shrine was destroyed during the Reformation and restored in 1962. There are 58 ancient dedications to Swithun in England.

## **All in the Month of June**

It was:

200 years ago, on 30th July, that Emily Bronte, the British writer, was born. She was best known for her novel, Wuthering Heights.

175 years ago, on 19th July that the British steamship SS Great Britain, was launched. Designed by Isambard Kingdom Brunel, it was the longest passenger ship in the world at the time. It is now a museum ship and visitor attraction in Bristol Harbour.

100 years ago, from 15th July to 6th August that the WWI Second Battle of the Marne took place. It was the last major German offensive on the Western Front. Allied victory.

90 years ago, on 2nd July 1928 that all women aged 21 and over were granted the right to vote in the UK, when the Representation of the People Act (Equal Franchise) came into effect. This Act made men and women's voting rights equal.

80 years ago, on 9th July, 1938 that 35 million gas masks were issued in Britain, in anticipation of the Second World War.

75 years ago, on 24th July to 3rd August that WW2 Operation Gomorrah saw the Allies carry out a massive eight-day-round-the-clock bombing of the city of Hamburg.

70 years ago, on 5th July 1948 that Britain's National Health Service began operating.

65 years ago, on 27th July 1953 that the Korean War ended. A peace treaty was signed and the 38th parallel became the official boundary between communist North Korea and anti-communist South Korea. (Tensions continued unabated.)

50 years ago, on 1st July 1968 that Britain, the USA, the Soviet Union and 58 other nations signed the Nuclear Non-Proliferation Treaty. It came into effect in March 1970.

40 years ago, on 25th July 1978 that the birth of the world's first test-tube baby, Louise Joy Brown, took place in Oldham, UK.

30 years ago, on 6th July 1988 that the Piper Alpha oil rig disaster took place. An explosion and fire on the North Sea oil rig Piper Alpha killed 167 people. It was the world's worst offshore oil disaster.

20 years ago, on 5th to 12th July 1998 that the Drumcree conflict in Northern Ireland took place when Protestants rioted after security forces prevented the annual Orange Order march through Portadown from taking place. There were around 550 attacks on security forces and Catholic civilians.

15 years ago, on 27th July 2003 that a team from the BBC reported that the Loch Ness Monster did not exist. They had combed every inch of the loch using 600 sonar beams guided by satellite navigation and found nothing. The search operation was covered in their documentary *The Search for the Loch Ness Monster*.

10 years ago, on 28th July 2008 that the Grand Pier fire in Weston-super-Mare took place. The pavilion was completely destroyed, but then rebuilt and reopened in October 2010



*Judith's suspicion was confirmed - it was a wine gum*

## God in the Arts

*Editor: For 2018, the Rev Michael Burgess is going to explore symbols of the Christian faith as found in works of art.*



### **‘He gave us eyes to see them’: Ludolph Bakhuizen’s ‘Christ in the storm on the sea of Galilee’**

When we enter a church and sit in a pew, we can look up and see the roof of the nave: a reminder that the church is a ship sailing through the ocean of life.

Boats and ships abound in scripture from Noah’s ark and the psalmist singing of

seafarers to the New Testament with Jesus calling fishermen from their boats and Paul shipwrecked off the coast of Malta. The ship, like the anchor, is a powerful nautical symbol of the Christian journey.

We all know how the sea can be calm and serene one moment, but stormy and tempestuous the next. This month’s painting captures the terror of that primal element: ‘Christ in the storm on the sea of Galilee’ by Ludolph Bakhuizen. He was a leading Dutch painter of maritime subjects in the 17th century with powerful studies of the drama of sea battles and whaling scenes.

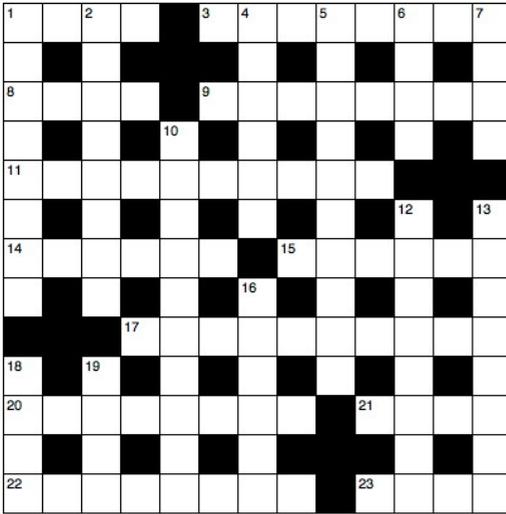
Here in this painting of 1695 a boat carrying the anxious disciples is trying to make its way through an angry sea. The waves are high, rain and dark clouds threaten overhead, and the wind is tearing the rigging. Storms like that quickly sprang up on the sea of Galilee. But Jesus is there among the disciples, ready to allay their fear and ready to tame the elements around. We can see the rays of sunlight on the left of the canvas that will soon break through to bring peace again beneath a blue sky.

And we on land sitting in that pew can think of those times when life is stormy and the way ahead unsure. We can take heart from the assurance that Jesus is our captain on the voyage, the sails of our ship are hoisted on the mast of His cross, and the destination is certain. Just as Jesus protected His followers then, we pray that He will be with us on our journeys through calm waters and storms, so that we can raise ‘glad hymns of praise from land and sea.’

# The Puzzle Pages

# July 2018 Crossword

The solution to this crossword puzzle can be found on page 27



## ACROSS

- 1 Proverbs describes her as being 'of noble character' (Proverbs 31:10) (4)  
3 'Shall we go up again — — against the Benjamites, our brothers?' (Judges 20:23) (2,6)  
8 A descendant of Shem (Genesis 10:28) (4)  
9 'Anyone who does not carry his cross and follow me cannot be my —' (Luke 14:27) (8)  
11 Resentment(Ephesians 4:31)(10)  
14 In Cain(anag.)(6)  
15 'Such knowledge is too wonderful for me, too lofty for me to—' (Psalm 139:6) (6)

17 Intense (1 Thessalonians 4:5)(10)

20 Third Order of the Roman Catholic Church(8)

21 'At midnight the cry rang out, "Here's the bridegroom!Come out to — him"' (Matthew 25:6) (4)

22 'My grace is sufficient for you, for my power is made perfect in —' (2 Corinthians 12:9) (8)

23 'As the — pants for streams of water,so my soul pants for you, O God' (Psalm 42:1) (4)

## DOWN

1 Nickname of popular First World War chaplain, the Revd G.A. Studdert Kennedy, — Willie (8)

2 Occasion of religious joy (Lamentations 2:22) (5,3)

4 'We three kings of — are' (6)

5 Allegation or charge (Jude 9) (10)

6 Kind (1 Chronicles 12:33) (4)

7 'Open your — and look at the fields!' (John 4:35) (4)

10 Also known as the Feast of Lights (John 10:22)(10)

12 Area that saw the healing of two demon - possessed men and a herd of pigs stampeding to their deaths (Matthew 8:28) (8)

13 Forebear(James2:21)(8)

16 Name given to the first two books of the Apocrypha(6)

18 Esau sold his birthright for this (Genesis25:34)(4)

19 Rear(anag.)(4)

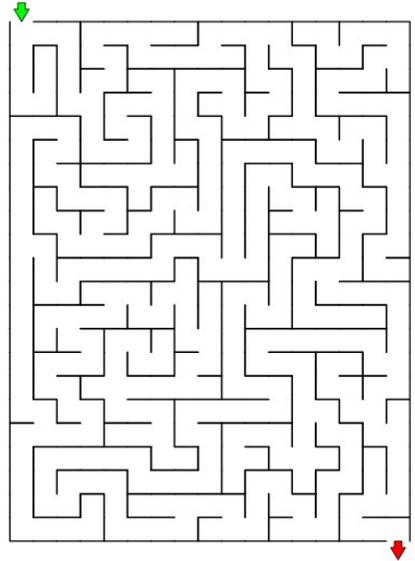
*July 2018 Sudoku (Solution on page26)*

6			2	5				
	5	1		4		9		3
2		9						
8	1			2	5	3		
3		5				6		9
		7	1	3			8	5
		4				8		7
5		8		6		4	9	
				8	3			6

© 2008 KrazyDad.com

*July 2018 Maze*

Start top left and exit at the bottom right.



*Solution to the June 2018 Sudoku*

6	8	7	1	3	5	4	2	9
3	4	2	9	8	6	1	5	7
9	5	1	4	7	2	3	8	6
2	3	5	7	6	1	9	4	8
7	9	8	3	2	4	5	6	1
1	6	4	5	9	8	7	3	2
8	1	3	6	4	7	2	9	5
4	7	6	2	5	9	8	1	3
5	2	9	8	1	3	6	7	4

*Smile Lines*

**Not covered by insurance**

A recent letter that appeared in The Independent newspaper: 'Following the recent major flooding, I find myself out of pocket, due to what I am informed is an "act of God." To avoid future financial embarrassment, please could you recommend an atheist insurance company?'

**Scared?**

As a sergeant in a parachute regiment, I took part in several night-time exercises. Once, I was seated next to a lieutenant fresh from jump school. He was quiet and looked a bit pale, so I struck up a conversation. "Scared, lieutenant?" I asked. He replied, 'No, just a bit apprehensive.' I asked, 'What's the difference?' He sheepishly replied, 'That means I'm scared, but with a university education.'

# J E STACEY & CO

## FUNERAL DIRECTORS PRIVATE CHAPEL OF REST

CARING, PERSONAL ATTENTION  
PROFESSIONAL SERVICE  
24 HOURS A DAY  
PRE-PAYMENT PLANS AVAILABLE



15 BODMIN ST  
HOLSWORTHY  
DEVON EX22 6BD

CONTACT KELVIN ISAAC  
TELEPHONE NUMBER: 01409 253 555  
OUT OF OFFICE HOURS: 01409 254 256

## Holsworthy Church New Bellringers

Are you interested in ringing  
Holsworthy Church Bells?  
We would love to meet you and  
teach you the skill of ringing.

If you are interested  
please Contact The  
Tower Captain:  
Mr Ralph Chapman  
01409 253040



### July 2018 Sudoku Solution

6	8	3	2	5	9	7	4	1
7	5	1	6	4	8	9	2	3
2	4	9	3	1	7	5	6	8
8	1	6	9	2	5	3	7	4
3	2	5	8	7	4	6	1	9
4	9	7	1	3	6	2	8	5
1	6	4	5	9	2	8	3	7
5	3	8	7	6	1	4	9	2
9	7	2	4	8	3	1	5	6



When it was Mrs Wilson's turn to do the  
flower arrangements, she always kept  
the vicar's hay fever in mind

...I don't care what your Sat-Nav's telling you - I'm telling you  
you are definitely **not** on the M6, nine miles south of Derby!!

## July 2018 Crossword Solution

**ACROSS:** 1, Wife. 3, To battle. 8, Obal. 9, Disciple. 11, Bitterness. 14, Niacin. 15, Attain. 17, Passionate. 20, Tertiary. 21, Meet. 22, Weakness. 23, Deer.

**DOWN:** 1, Woodbine. 2, Feast day. 4, Orient. 5, Accusation. 6, Type. 7, Eyes. 10, Dedication. 12, Gadarene. 13, Ancestor. 16, Esdras. 18, Stew. 19, Area.

## June 2018 Crossword Solution

**ACROSS:** 1, Wickedness. 7, Harpist. 8, Teach. 10, Side. 11, Impostor. 13, Encamp. 15, Saddle. 17, Ignorant. 18, Tent. 21, Grass. 22, Olivier. 23, Wrongdoers.

**DOWN:** 1, World. 2, Crib. 3, Entomb. 4, National. 5, Started. 6, Whispering. 9, Harvesters. 12, Imprison. 14, Centaur. 16, Unload. 19, Evils, 20, Give.

## Some Useful Numbers

### Holsworthy Benefice Priest-in-Charge:

Mother Elizabeth Burke, The Rectory, Bodmin Street, Holsworthy, EX22 6BH  
01409 255490 or 07990 978485

Primary School	253700
Holsworthy Community College	253430
Library	253514
Health Centre	253692
Sports Hall	254013
Holsworthy Visitor Centre	254185
Brownies (M Galjardt)	254727
Guides (Jane Crocombe)	211319
Scouts (Cathy Withall)	254803
Town Clerk	253312
Memorial Hall	255450
Holsworthy Play Group (Dawn Bewes)	253825
Methodist Church	254843
Holsworthy Hospital	253424
Boots the Chemist	255295
Lloyds Pharmacy	253461
Stagecoach South West	01392 42 77 11
National Rail Enquiries	03457 48 49 50
Rev'd Jane Lucas (Ashwater Benefice)	01409 211205
Rev'd Kathy Roberts (Black Torrington Benefice)	01409 231279
Rev'd Richard Freeman (Bradworthy Benefice)	01409 241315
CAB (Citizen's Advice Bureau) (Weekdays 9.30 am – 4.00 pm)	02444 111 444
Samaritans	116 123

**Printed by:** EASYPRINT (SW) Ltd

Unit 1 Red Post Workshops

Red Post

Bude

Cornwall

EX23 9NW

**Email**

**Phone** 01288 381700



### **Supporting our Advertisers**

*The advertisers in this magazine cover the cost of production so that we are able to distribute it free of charge. Whilst pleased to welcome advertisements, the PCC's of the United Churches of the Holsworthy Benefice cannot offer endorsement of any specific advertiser or event.*

*...but if you respond to one of our advertisers please tell them you saw their advert in our Benefice Magazine.*

**[www.holsworthybenefice.org.uk](http://www.holsworthybenefice.org.uk)**

Find us on Facebook



July  
2018